

**ALBERT EINSTEIN COLLEGE OF MEDICINE  
MONTEFIORE MEDICAL CENTER  
AND  
AFFILIATED FACILITIES  
DEPARTMENT OF PSYCHIATRY AND BEHAVIORAL SCIENCES  
GERIATRIC RESIDENCY TRAINING PROGRAM**

Fellows are prepared for leadership positions in academia and public health institutions and for Board certification in the subspecialty of Geriatric Psychiatry. This is an ACGME accredited program with close ties to Montefiore's Fellowship Program in the Division of Geriatric Medicine.

Responsibilities for clinical services, case conferences, journal clubs and research are shared by faculty and fellows of the Geriatric Psychiatry and Geriatric Medicine Fellowship Training Programs.

The clinical experience occurs in the Psychiatric Outpatient Department, a Certified Home Health Care Agency, a Naturally Occurring Retirement Community, and includes consultation to medical inpatients, a teaching nursing home, and house calls to patients in the community. The didactic curriculum includes multi-profession seminars, case conferences, journal club and grand rounds. Supervision in pharmacotherapy, psychotherapy, research as well as administrative psychiatry is integral to the program's mission. Over the year fellows prepare one grand rounds presentation and multiple observed patient interviews which are evaluated by faculty and peers. Fellows may elect to receive protected time to pursue certificates of training in bioethics or ECT. Subsidized housing and meal tickets may also be provided.

Fellows have responsibilities for teaching and supervision of students and residents in medicine and psychiatry. Fellows are also directly involved in research with faculty.

TRAINING SITES: Montefiore Medical Center Moses Division, The Margaret Tietz Center for Rehabilitation and Nursing Care, Montefiore Home Health Care Agency, the Co-op City NORC (Naturally Occurring Retirement Community)

PGY-5 SALARY: \$85,490 without NYS license, \$91,193 with NYS license

PGY-6 SALARY: \$92,366 without NYS license, \$98,064 with NYS license

**FACULTY**

**DIRECTOR:**

Gary J. Kennedy MD  
Tel: 718 920 4236  
Fax: 718 920 6538  
[gkennedy@montefiore.org](mailto:gkennedy@montefiore.org)

**ASSOCIATE DIRECTOR:**

Alessandra Scalmati PhD MD  
Tel: 718 671 3135  
Fax: 718 920 6538  
[ascalmat@montefiore.org](mailto:ascalmat@montefiore.org)

**ASSISTANT DIRECTOR:**

Mirnova Ceide MD MS  
Tel: 347 920 0112  
[mceide@montefiore.org](mailto:mceide@montefiore.org)

**FELLOWS PER YEAR:** (71 trained as of July 2019)

**LENGTH OF TRAINING:** 1 year

## **RATIONALE AND GOALS OF THE DIVISION OF GERIATRIC PSYCHIATRY**

- Recognition that a unique body of gerontological knowledge developed by the social, biological, and behavioral sciences has yet to be fully incorporated by the disciplines of internal medicine, family practice, neurology, and psychiatry.
- To influence health policy through the conduct of clinical investigation, community service, and public advocacy.
- To meet the public health mandate of a major medical school.
- To respond to the increasing number of older adults in need including disadvantaged minority and immigrant elders.
- To gain a greater share of public and philanthropic support for training, service, and research in mental health.
- To provide psychiatrists with special training in geriatrics for positions of leadership in the areas of clinical service, teaching and training, scientific study, administration, and public policy.
- To offer consultation and training to primary care physicians, general psychiatrists, and community agencies that provide mental health services to older Americans.

**SUPERVISION AND CONFERENCE SCHEDULE**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<i>Psychiatry OPD</i>	<i>Psychiatry OPD</i>	<i>Nursing Home or Home Care</i>	<i>Psychiatry OPD</i>	<i>Psychiatry OPD</i>
8:30					
9:00		OPD team meeting Dr. Scalmati	Supervision Drs. Kennedy & Malik Or Home Care Team meeting with Dr. Ceide		
9:30	Medication management fro PGY-2 rotators		Twice monthly nursing home presentation		
10:00	Geriatric Psychiatry in- patient rounds with Dr Bajaj				Individual supervision with Dr Scalmati
10:30			Debriefing Drs. Kennedy & Malik	Psychiatry Grand Rounds	Individual supervision with Dr Scalmati
11:00					Individual supervision with Dr Scalmati
12:00		Bioethics or Psych Seminar Dr. Scalmati, Dr. Greenberg or twice monthly observed intakke interview wiht Dr. Kennedy	Core curriculum In Geriatrics		Med/Psych case conference Dr. Kennedy
1:00					
2:00				Geriatric Medicine Journal Club	
2:30					
3:00		Assessment and Intervention Seminar with Dr Scalmati		Geriatric Medicine Grand Rounds	
4:00					

## **EXPECTATIONS**

- Biannual feedback regarding program and performance between fellows and faculty
- 4 weeks vacation, 1 week conference or personal leave for job interviews
- Formally report all leaves in writing to Dr. Scalmati for record keeping and emergency contact
- One fellow's leave should not overlap another's
- Division will offset costs of membership in the American Association for Geriatric Psychiatry as well as registration at the Association's annual meeting
- 1 new patient home visit per week and 1 OPD intake per week
- Medical student (home visits) and psychiatric resident teaching, and interviews with prospective fellows
- Fellows cover fellows both for clinical and educational responsibilities during leaves; you are responsible to arrange a substitute if a conflict arises with an assigned date for a case conference or journal club
- Formal grand rounds style lecture at year's end
- Observed interview for core competency in first and last quarter of the year.
- Supervision with Dr. Kennedy for research, nursing home psychiatry
- Supervision with Dr. Scalmati: psychiatric for OPD, Holocaust survivors program, neuropsychiatry, liaison with Geriatric Medicine
- Supervision with Dr. Ceide for NORC & home visiting program, research
- During rotation as administrative chief;
  - supervise PGY II OPD intake (every PGY II must have an intake and a nursing home resident assessment)
  - Organize emergency backup roster for the Geriatric OPD
  - Keep sign in sheet for conferences and seminars

## Training Program Director Biography

Dr. Kennedy is Professor and Vice Chair for Education of the Department Psychiatry and Behavioral Sciences and Director, Division of Geriatric Psychiatry and the Geriatric Psychiatry Fellowship Training Program, Montefiore Medical Center, Albert Einstein College of Medicine. More than sixty psychiatrists with subspecialty training in geriatrics have graduated from the program. He has authored numerous publications on late life mental health and has given a number of invited presentations to educational, scientific and public policy organizations in the United States and abroad.

His research has focused on cardiac arrhythmias, the epidemiology of depression and dementia, mental health care in nursing homes, primary care sites and in the community, and novel communications approaches between health care providers. The National Heart, Lung and Blood Institute, the National Institute on Aging, the Forchheimer Foundation, The New York Foundation for Elder Care, the Resnick Gerontology Center, the New York State Department of Health, United Jewish Appeal-Federation, the JE & ZB Butler Foundation, The University Place Foundation, the Irving Weinstein Foundation, The Goldstein Foundation, The United Hospital Fund, the Robert Wood Johnson Foundation and The New York Community Trust have supported his work.

He has served as a consultant to the New York State Commission on Life and the Law regarding physician-assisted suicide and to the Law Revision Commission regarding guardianship procedures in New York State's mental health law. He was also a member of the New York State Department of Health Advisory Work Group on Human Subject Research Involving Protected Classes. He has been a member of the American Psychiatric Association's Council on Aging, the Group for the Advancement of Psychiatry and was the 2002 President of the American Association for Geriatric Psychiatry. For the National Institute of Mental Health he was a member of the Mental Disorders of Aging Initial Review Group and Chairperson, Small Business Innovative Research Program Contract Reviews. He has also been a member of the Antidepressants and Suicidality Review Panel, and the Interventions Committee for Adult Disorders Review Group. In 2003 he was invited to testify before the President's New Freedom Commission on Mental Health. He is a Fellow of the Brookdale Center on Aging of Hunter College, The New York Academy of Medicine, and The American Psychiatric Association. He has received a New Investigator Award from the National Institute of Health, a travel study fellowship to Israel and the United Kingdom from the United States World Health Organization, an Archstone Award for Program Innovation from the American Public Health Association, an Annual Exemplary Psychiatrists Award, National Alliance for the Mentally Ill. The American Journal of Nursing cited his *Geriatric Mental Health Care* published in 2000 as one of the best books of the year on gerontology. In 2014 he received the Leo and Julia Forchheimer Foundation Lifetime Achievement Award and in 2019 he became an honoree of the United Jewish Appeal-Federation of New York, Montefiore Health System & Albert Einstein College of Medicine. His most recent book is *Geriatric Depression: A Clinical Guide* from The Guilford Press, 2015.

He was also the 2005-2007 chair of the Geriatric Mental Health Foundation, a Washington based 501c3 group advocating for the mental health and well being of older Americans. In 2005 he was a Visiting Professor for the Geriatric Fellowship Training Program of the National Health Research Institute of Taiwan. In 2006 he was sponsored by The Atlantic Philanthropies to design a Bermuda specific geriatric mental health training program. In 2009 he was part of a seven person Professional Exchange Program sponsored by the Caring Commission of the United Jewish Appeal-Federation of New York and JDC-ESHEL, The Association for the Planning and Development of Services for the Aged in Israel. He is currently Chair of the Grants Review Committee of the American Association for The Prevention of Suicide and a member of the Paul Beeson Emerging Leaders in Geriatric Research review committee of the NIA. Since 1992 he has been listed as one of "*The Best Doctors in America*". He has appeared on National Public Radio, the Today Show with Katie Couric, and ABC's

World News Tonight with Diane Sawyer.

Born in Dallas, Dr. Kennedy is an alumnus of the University of Texas in Austin and the University of Texas Health Science Center in San Antonio.

### **Associate Director Biography**

Dr. Alessandra Scalmati is an Associate Professor of Psychiatry and Behavioral Sciences and Associate Director of the Division of Geriatric Psychiatry and the Fellowship Training Program, Montefiore Medical Center, Albert Einstein College of Medicine. She was born in Italy, where she received an MD and PhD from the University of Modena. She came to New York to perform post doctoral studies at the Memorial Sloan Kettering Cancer Center, where she remained for 18 months, until she started residency training in General Psychiatry at Montefiore Medical Center. At the completion of four years training, she was appointed Administrative Chief Resident (“super chief”). Subsequently she completed fellowship training in Geriatric Psychiatry also at Montefiore. She is Board Certified in General and Geriatric Psychiatry and Psychosomatic Medicine. As the Associate Director of the Fellowship Training Program in Geriatric Psychiatry, she teaches, supervises, maintains an active practice and is engaged in research. She has extensive responsibilities for psychotherapy teaching in the Adult Program and is one of the most sought after supervisors. She is the recipient of grants from the United Jewish Appeal/Federation, The Butler Foundation, the Weinstein Foundation, and The Fan Fox and Lesley Samuels Foundation. Dr Scalmati’s areas of interest include elder mistreatment, long term effects of trauma, psychiatric care of Holocaust Survivors, prevention of burnout among health professionals, and the effectiveness of psychodynamic psychotherapy for older adults. Her publications have focused on cancer and more recently on physician education and psychotherapy in late life.

### **Assistant Director Biography**

Dr. Mirnova Ceïde is an Assistant Professor of Geriatric Psychiatry and Geriatric Medicine at the Albert Einstein College of Medicine/Montefiore Medical Center and the Assistant Program Director of the Geriatric Psychiatry Fellowship. She completed her Adult Psychiatry Training at John Hopkins Hospital in Baltimore, MD where she was Chief Resident. She went on to complete a HRSA Fellowship at SUNY Downstate in Geriatric Psychiatry where she also participated in health disparities research at the Brooklyn Health Disparities Center. Dr. Ceïde is an NHLBI PRIDE Scholar in Behavioral Medicine and Sleep Disorders. She joined the Geriatric Psychiatry Division at Montefiore Medical Center in 2013 where she has held multiple consultative roles in integrated behavioral health programs across the Montefiore Network. Currently she is the Geriatric Psychiatrist for the Montefiore Home Care Agency, and the Center for the Aging Brain. In 2016 she received an NIA Diversity supplement with a focus on the relationship between cognition, gait, personality traits and mood states among older adults. In addition she is a co-investigator on the Fan Fox and Leslie R. Samuels grant Montefiore Geriatric Neurology/Memory Disorders Program: Montefiore Home Care Psychotherapy Program for Depressed, Cognitively Impaired Patients (MHCPP-DCI) and the NYS Department of Health and Mental Hygiene Grant Decreasing Depression and Increasing Social Connectedness Among NYC’s Older Adults. She currently holds a KL2 scholar’s award (mentored research development) from the Harold and Murial Block Institute for Clinical and Translational Research at the Albert Einstein College of Medicine for "The Biological and Structural Correlates of Apathy in Dementia Pathogenesis." Mentors: Drs. Joe Verghese and Gary Kennedy. In 2019 she also completed the Einstein Clinical Research Training Program Masters in Science Program. She has presented regionally and nationally on the topic of behavioral integration.



# Γ EINSTEIN COLLEGE OF MEDICINE

## Department of Psychiatry & Behavioral Sciences Residency Training Program in Geriatric Psychiatry

### APPLICATION

NAME (in full, LAST, FIRST, MI):

Application Date: / /

### PERSONAL DATA

Social Security #:

Date of Birth (Optional):

#### PRESENT ADDRESS:

(Street, City, State, Zip)

Citizen of U.S.? Yes\_\_\_ No\_\_\_ If No, VISA Type: \_\_\_\_\_

Status:

#### CONTACT NUMBERS:

Home: \_\_\_\_\_ Work: \_\_\_\_\_ Cellular: \_\_\_\_\_

Beeper: \_\_\_\_\_ Fax: \_\_\_\_\_ E-mail: \_\_\_\_\_

### EDUCATION

Medical School & Location	From - To	Month & Year of Graduation

### PROFESSIONAL, POSTGRADUATE, HOSPITAL EXPERIENCE

Hospital or Institution: (Include dates)	City & State	Title	Specialty or Service

### MEDICAL CREDENTIALS

<b>U.S.M.L.E.</b>  Part I: _____  Part II: _____  Part III: _____	E.C.F.M.G. #: _____ (Please list dates, scores, and the number of times taken for each) Basic: _____ Clinical: _____ English: _____ Clinical Skills Assessment: _____	Board Certification? Yes___ No  If yes, in what? _____
	NY Medical License #: _____	Other State(s) License #: _____

**ALBERT EINSTEIN COLLEGE OF MEDICINE / MONTEFIORE MEDICAL CENTER  
PSYCHIATRY APPLICATION**

Other relevant experience (include research, practice, work, graduate school, etc.):

Publications, presentations, and special recognitions:

Additional information (personal interests outside medicine or any other details of interest):

Languages Spoken:

Interviews are conducted on Thursdays and Fridays from July through January. Please indicate your preferred dates, if any.

We are equal opportunity employers and are committed to the principles of equal employment opportunity for all applicants without regard to race, color, religion, sex, national origin, sexual orientation, legally defined handicap, age or veteran status.

**RELEASE FROM LIABILITY**

I concur that immunity be extended to all persons and institutions furnishing information of my qualifications to the program, and to its affiliated hospitals. Such immunity shall cover all acts and statements made in good faith and without malice.

\_\_\_\_\_  
SIGNATURE OF APPLICANT

DATE

**To complete this application please send the following:**

1. Completed application
2. Résumé or Curriculum Vitae
3. **Original** Dean's letter from medical school
4. **Official** transcript from medical school
5. Copy of medical school diploma
6. Notarized copy of E.C.F.M.G. Certificate (if applicable)
7. Notarized copy of Fifth Pathway Certificate (if applicable)
8. Three (3) letters of professional reference
9. Personal statement (1 typed page)

**MAIL TO:**

GARY J. KENNEDY MD  
DEPARTMENT OF PSYCHIATRY  
MONTEFIORE MEDICAL CENTER  
111 EAST 210TRH STREET  
BRONX, NEW YORK 10467