Why Get Tested? To Plan Early for Healthy Families

Autosomal recessive inheritance pattern

Take home messages:
- 1 in 4 individuals of Ashkenazi Jewish descent will be a carrier for at least one of the diseases
- 1 in 100 couples are “carrier couples”
- If you or your parents were already screened, it is important to keep track of the names of the diseases tested, since new diseases are often added to the panel
- If both you and your partner are carriers, there are multiple options for building a healthy family

*For more information about conditions not mentioned here (e.g., Sephardic diseases, autosomal dominant diseases, adult-onset diseases) contact the Program for Jewish Genetic Health’s genetic counselor at 718-430-8150.

Next Steps

To make an appointment for genetic testing at our clinical offices at Montefiore Medical Center or

for more information about our upcoming community screening events, contact us at the Program for Jewish Genetic Health (PJGH) of Yeshiva University:

Estie Rose or Chani Wiesman, Genetic Counselors
P: 718.405.8150
E: jewishgenetichealth@yu.edu

Thanks to generous donations, the PJGH is proud to offer subsidies for individuals who do not have health insurance coverage.

For contact information for other local genetic testing options, feel free to reach out to us as well.

For additional resources about genetic testing, visit:

Program for Jewish Genetic Health of Yeshiva University
www.yu.edu/genetichealth

The Forward’s Annual Guide to Jewish Genetic Diseases
http://www.forward.com/articles/140901/