1. About 1 in 40 individuals of Ashkenazi Jewish descent will have a \textit{BRCA} mutation, regardless of family history of cancer.

2. Most women who have breast or ovarian cancer do \textit{not} have a family history. Speak to your doctor about the availability of screening.

3. Your genes are not your destiny. Women who are \textit{BRCA} carriers have options to significantly reduce their risk of developing breast and ovarian cancer.

4. Males can carry \textit{BRCA} mutations too, and therefore have an increased risk to develop male breast cancer and prostate cancer.

5. More research needs to be done in the realm of hereditary cancers and Jewish genetics. We still have a lot to learn.