

Bronx Oncology Living Daily

A Free Wellness Program to enhance the health & well-being of those touched by cancer

Sponsored by the EIF-Revlon Run/Walk & The New Yankee Stadium Community Benefits Fund, Inc.



BOLD @ the West Campus of Montefiore Medical Center (Moses)

Calendar of Events: MARCH 2016

Montefiore Hospital:
111 East 210th Street

Tishman Learning Center (TLC)

TLC #5 Conference Room **Meditation**

Monday, March 7th: 5:00pm – 6:00pm

TLC #5 Conference Room

Stress Relief Through Gentle Movement

Friday, March 25th: 2:00pm – 3:00pm

The Children's Hospital at Montefiore Hospital:
3415 Bainbridge Avenue, Cham 2 conference room 1

Gentle Yoga

Every Friday: 3:00 – 4:30pm

Aikido

To be announced



To register for workshops please call or email:

Ph: (718) 430-3613 or Cancersupport@einstein.yu.edu

BOLD is an offering by The Psychosocial Oncology Program within the

***NEW* Integrative Oncology Program, Montefiore Einstein Center for Cancer Care**