Photocontrollable Fluorescent Proteins for Superresolution Imaging

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Abstract
Superresolution fluorescence microscopy permits the study of biological processes at scales small enough to visualize fine subcellular structures that are unresolvable by traditional diffraction-limited light microscopy. Many superresolution techniques, including those applicable to live cell imaging, utilize genetically encoded photocontrollable fluorescent proteins. The fluorescence of these proteins can be controlled by light of specific wavelengths. In this review, we discuss the biochemical and photophysical properties of photocontrollable fluorescent proteins that are relevant to their use in superresolution microscopy. We then describe the recently developed photoactivatable, photoswitchable, and reversibly photoswitchable fluorescent proteins, and we detail their particular usefulness in single-molecule localization–based and nonlinear ensemble–based superresolution techniques. Finally, we discuss recent applications of photocontrollable proteins in superresolution imaging, as well as how these applications help to clarify properties of intracellular structures and processes that are relevant to cell and developmental biology, neuroscience, cancer biology and biomedicine.
INTRODUCTION

Optical imaging using genetically encoded fluorescent proteins (FPs) is arguably the most widely used approach for noninvasive studies of biological processes at different scales (from molecules to organisms). Because of light’s diffraction limit, however, the inherent nature of light microscopy limits its ability to visualize objects with sizes smaller than 200 nm in the lateral direction and 500 nm in the axial direction. This poses a problem for imaging small, abundant subcellular structures that have sizes in the tens of nanometer range. To overcome this obstacle, several superresolution imaging techniques have been invented (6, 29, 35, 36, 63). These techniques make it possible to obtain images with exquisite spatial resolution and therefore are now widely used by researchers.

FPs enable straightforward and specific labeling of cells without a need to deliver any additional substances. Modern FPs are available in various forms. In this review, we focus on light-controllable FPs whose fluorescence is regulated by light irradiation of specific wavelengths. These FPs can be classified into three forms: photoactivatable FPs (PAFPs), photoswitchable (also called photoconvertible) FPs (PSFPs), and reversibly photoswitchable FPs (rsFPs). PAFPs undergo activation from a nonfluorescent (dark) state to a fluorescent state, whereas PSFPs can be converted from one fluorescent state (or “color”) to another. In contrast to PAFPs and PSFPs, which can be photoconverted only once, rsFPs can be photoswitched repeatedly between fluorescent and nonfluorescent states.
states. We refer to these light-controllable FPs as photocontrollable FPs. Although the brightness, photostability, and photoactivation characteristics of organic dyes and other fluorophores can be superior to those of photocontrollable FPs, these substances require sophisticated approaches to increase labeling specificity and to deliver them to biological cells. The simplicity and specificity of labeling proteins of interest with photocontrollable FPs have made these proteins increasingly popular tools for superresolution imaging.

In recent years, the engineering of new photocontrollable FPs has been spurred by their applicability to superresolution microscopy. As a result, researchers may now choose among many photocontrollable FPs. The optimal choice depends on the particular imaging technique. All photocontrollable FP-based superresolution methods image fluorophores separately over time by controllably turning them on and off. Two strategies have been employed to construct a super-resolution image (Figure 1). One strategy is based on localizing individual fluorophore molecules through cycles of stochastic activation of a small subset of photocontrollable FPs in a densely labeled structure (6, 36). This approach was first demonstrated in the similar techniques called photoactivated localization microscopy (PALM) (6), fluorescence PALM (36) and stochastic optical reconstruction microscopy (63), and has been expanded to include different single molecule–based PALM variations. The second strategy uses nonlinear optical approaches (29, 35) to reduce the spot size of an ensemble of excited photocontrollable FPs (38). This technique is called reversible saturatable optical fluorescence transition (RESOLFT) imaging.

In this review, we survey photocontrollable FPs and their uses in PALM and RESOLFT super-resolution imaging techniques. For an in-depth description of other superresolution techniques we refer readers to the recent reviews (33, 43, 57). We first discuss the conceptual bases of the two superresolution imaging strategies, highlighting critical parameters important for each strategy to work. We then review modern photocontrollable FPs, along with their advantages and limitations for use in superresolution microscopy. Finally, we consider how PALM and RESOLFT superresolution imaging have helped clarify different biological questions.

**OPERATIONAL PRINCIPLES OF PHOTOCONTROLLABLE PROTEIN-BASED SUPERRESOLUTION TECHNIQUES**

**Conceptual Basis of Photoactivated Localization Microscopy (PALM) and Related Single-Molecule Techniques**

The development of advanced microscopy instrumentation has now made detection of a single fluorescent protein possible (46). The focused emission from a single protein molecule produces a diffracted, blurred spot with an intensity profile represented by the point-spread function (PSF) of the microscope. For high numerical aperture (NA) lenses and visible light, the size of this spot is approximately \(200 \times 500\) nm in the lateral and axial dimensions, respectively. The intensity profile of this spot (i.e., the PSF) can be fitted with a two-dimensional Gaussian, and its center can be localized to within tens of nanometers (82).

Because the image produced by a single molecule is distended (i.e., a blurred spot), fluorescing protein molecules present within a distance less than the dimension of this spot (i.e., the diffraction limit) cannot be distinguished because their individual images are merged. However, if one can ensure that simultaneously fluorescing FPs are spread further from each other than this diffraction-limited distance, each FP can be individually localized. PALM exploits this concept. This technique achieves an appropriate separation distance between fluorescing molecules via stochastic activation of small subsets of photocontrollable FPs within a densely labeled structure using low-intensity light (Figure 1a-c) (6, 36, 63). The activated molecules are imaged, localized,
and then deactivated by permanent photobleaching or by turning the fluorescence off. This process is repeated thousands of times to accumulate millions of molecular positions. This imaging concept has been implemented using total internal reflection fluorescence (6) and epifluorescence (36, 63) imaging geometries, as well as using photocontrollable FPs (6, 36) and synthetic dyes (63). All types of photocontrollable FPs, such as PAFPs, PSFPs and rsFPs, are suitable for single-molecule based superresolution imaging.

Resolution of Photoactivated Localization Microscopy (PALM) and Related Single-Molecule Techniques

The spatial resolution of single-molecule superresolution microscopy depends on how well the individual molecules are localized and how densely they are localized in a labeled structure. The accuracy of localization is equivalent to the precision, such as standard deviation, with which...
the center of a single FP image (i.e., the diffraction spot) can be determined by mathematical fitting (Figure 2a). The value of this localization precision (σ) scales with the inverse square root of the number of detected photons (82). A full-width half maximum (FWHM) of an intensity profile can characterize the spatial resolution. For a Gaussian distribution, the FWHM approximately corresponds to 2.355 σ. The experimentally measured localization precision is often worse than the theoretically predicted value (Figure 2b).

The density of localized molecules critically influences the spatial resolution (57) because at least two proteins must be localized across the smallest unit of resolution in a superresolution image (Figure 2c). This requirement, formulated by the Nyquist–Shannon sampling theorem (67), sets an upper limit to the resolution that can be attained in PALM using photocontrollable FPs with a size of approximately 2.5 nm and a limited labeling density. Typical single-molecule densities vary in the range of 10^3–10^5 molecules per square micrometer, which corresponds to a maximum achievable resolution of 6–48 nm (54).

As discussed above, PALM and related techniques sequentially acquire up to tens of thousands of raw images, each containing a small subset of fluorescing molecules. This limits the acquisition speed and the ability of a technique to image dynamic processes, decreasing the temporal resolution. Recently, several PALM techniques using rsFPs have been developed, allowing faster acquisition speed. One such technique is PALM with independently running acquisition (PALMIRA) (18), which utilizes spontaneous off-on cycles of an rsFP without synchronization to a detector. The same light of selected intensity is used to stochastically switch off the majority of molecules, leaving a small subset in the on state, and to excite these remaining sparsely distributed molecules. PAFPs and PSFPs can also be used in PALMIRA, provided that the activation and imaging illuminations are continuously on. In another such technique, called stroboscopic PALM (s-PALM) (19), a two-color illumination is applied. Continuous light is used for switching off fluorophores and for excitation, and pulsed activating light is used for switching the rsFP molecules to the on state. However, faster acquisition time in these techniques comes at the cost of resolution due to the low number of acquired photons per cycle. rsFPs have been also applied to photochromic stochastic optical fluctuation imaging (pcSOFI), a single-molecule imaging technique that

Localization precision: corresponds to standard deviation of the fitted Gaussian distribution and scales with inverse square root of the number of photons per molecule

PALM: photoactivated localization microscopy with independently running acquisition

s-PALM: stroboscopic photoactivated localization microscopy

pcSOFI: photochromic stochastic optical fluctuation imaging
Figure 2
Spatial resolution in photoactivated localization microscopy (PALM) and related techniques and parameters affecting it. (a) Spatial localization precision, $\sigma$ (nm), in two dimensions.

\[ \sigma = \sqrt{\frac{s^2 + a^2/12}{N}} + \frac{8\pi^4b^2}{NA^2} \]

\[ s = \frac{\lambda}{2NA} \]

(b) Photocontrollable FP properties affecting localization precision

1/\(\sigma\) = function \((N)^{1/2}\), where \(N\) depends on a photon emission rate and the total photon budget

1/\(\sigma\) = function \((N/b)\), where \(N/b\) is a contrast of photoactivation

(c) Density of localized molecules, \(l\) (molecules/nm$^2$), and Nyquist resolution, \(d\) (nm)

\[ l \approx \left(\frac{2}{d}\right)^2 \]

\(l\) depends on the labeling density, which correlates with the efficiency of protein maturation

\(l\) depends on the quantum yield of photoconversion and \(N\), which sets a threshold for molecules being localized with a required precision

Analyzes the statistics of temporal fluctuations of fluorescence pixel-by-pixel without localization of molecules (16). pcSOFI is characterized by easy technical implementation and a high speed of data acquisition.

Conceptual Basis and Resolution of Reversible Saturatable Optical Fluorescence Transition (RESOLFT) and Related Ensemble Techniques

The ensemble-based superresolution imaging approaches are based on an optically driven saturatable transition of rsFPs between a fluorescent and a dark state. A patterned beam of light is used to illuminate the sample in a nonlinear fashion, confining a fluorescent diffraction-limited spot (29, 35).

Two strategies can be used to achieve spatial light modulation in order to confine a fluorescent diffraction-limited spot. In one, a structured illumination microscopy (SIM) approach called saturated SIM (SSIM) (29), the sample is illuminated by patterned excitation light obtained by
combining two interfering light beams. The pattern is scanned and rotated, after which the resulting images are combined to obtain a final image. In a second approach, stimulated emission depletion (STED) microscopy, the doughnut-like beam suppresses the fluorescence of molecules in a focal spot of the excitation laser via photon-induced deexcitation (35). Scanning the two beams across the sample and recording fluorescence produces the resulting image. The STED beam uses light intensities that are above FP saturation levels (32). These high intensities are needed to increase the probability of photons interacting with fluorophores in the short time corresponding to the lifetime of the excited state. The diameter of the confined fluorescent spot scales approximately with the inverse square root of the STED beam intensity (33). Typically, light intensities of ~100 MW/cm² are required to reach a resolution of 40 nm (34); such high intensities can be damaging to biological samples. To reduce the required light intensities, other transitions between fluorophore states have been utilized. In ground-state depletion (GSD) imaging, for example, the fluorophores are switched off by a transient transfer to the generic metastable dark (triplet) state, allowing lower-intensity light to be used (20). Note that SSIM, STED, GSD, and their modifications typically utilize permanently fluorescent FPs.

Recently, patterned illumination techniques have advanced towards live-cell imaging using comparatively low light intensities. A STED-like approach known as RESOLFT depletes the overall fluorescence by switching rsFPs between their fluorescent and dark states (Figure 1d–f) (32). The nonlinear technique SIM has also been adapted for use with low light intensities and rsFPs as probes (60).

Spatial resolution in RESOLFT and other patterned illumination techniques can be characterized by FWHM of the intensity profile, which corresponds to a cellular structure (Figure 3a). To obtain enough data points to satisfy the Nyquist criterion of resolution (66, 67), the scanning step should be smaller than half the desired resolution (Figure 3b). The resolution possible in RESOLFT and similar patterned light illumination techniques sets strong requirements for rsFPs. Earlier imaging beyond the proof of principle (15, 38) was not possible because the early rsFPs bleached quickly. The three overlaid beams for switching on, switching off, and exciting fluorescence scan the sample, so the same rsFP molecules have to withstand many cycles of photoswitching to obtain high resolution (Figure 3c). As an estimate, to reach a tenfold increase in resolution, the probes must be switched 100 times for two-dimensional imaging and 1,000 times for three-dimensional (3D) imaging, with no loss of fluorescent signal (34). One study demonstrated that a fatigue resistance of more than 1,000 switching cycles before bleaching to 50% is compatible with RESOLFT imaging of live mammalian cells (25).

PHOTOCONTrollable FLUORESCENT PROTEINS AS TOOLS FOR SUPERRESOLUTION MICROSCOPY

Photophysical and Biochemical Properties of Photocontrollable Fluorescent Proteins

Superresolution imaging involves photomanipulation of photocontrollable protein molecules. PALM imaging of single molecules requires consideration of their unique photophysical and biochemical properties, which are often overlooked in ensemble microscopy techniques. As discussed above, during a PALM experiment, individual PAFP and PSFP molecules undergo a sequence of three distinct events: photoconversion, fluorescence emission, and photobleaching. The optimal implementation of PALM depends critically on the tight modulation of these three processes. Because the photophysical properties of a single photocontrollable FP molecule that influences these processes determine the number of FPs detected, as well as their precision of their localization,
Spatial resolution in reversible saturatable optical fluorescence transition (RESOLFT) and parameters of reversibly switchable fluorescent proteins (rsFPs) affecting this resolution. (a) Size of an effective spot in RESOLFT, \( x \) (nm)

\[ x \approx \frac{s}{\sqrt{1 + \frac{I_{\text{max}}}{I_s}}} \]

\[ s = \frac{\lambda}{2NA} \]

\[ I_{\text{max}} \gg 1 \]

(b) Scanning step, \( \kappa \) (nm), and Nyquist resolution, \( d \) (nm)

\[ \kappa = \frac{d}{2} = \frac{s}{\sqrt{N_{\text{cycles}}}} \]

\[ d = \frac{\lambda}{NA \sqrt{N_{\text{cycles}}}} \]

(c) Reversibly switchable FP properties affecting resolution

\[ 1/d = \text{function} \left( N_{\text{cycles}}^{-1/2} \right) \]

\[ N_{\text{cycles}} = \text{function} \left( \text{fatigue resistance} \right) \]

\[ I_{\text{max}} = \text{function} \left( 1/k_{\text{on-off}} \right) \]

\[ 1/d = \text{function} \left( l^{1/2} \right) \]

Molecular brightness: the number of photons emitted per second per molecule; saturatable parameter depending on excitation cross-section, quantum efficiency of emission, and excitation light intensity

these properties thereby determine the final resolution of the PALM image. In contrast, other specific photophysical properties of rsFPs are required to obtain high resolution in RESOLFT. rsFP molecules used for RESOLFT should be characterized by a fatigue resistance high enough to withstand many cycles of photoswitching using light of intensities high enough to considerably saturate most of the molecules in the diffraction-limited spot. Below, we discuss properties of photocontrollable FPs that affect their performance in PALM and RESOLFT.

**Properties affecting single-molecule localization.** The number of photons collected from a single FP determines both the probability of successfully detecting it and the localization accuracy of such a detection (Figure 2). Thus, factors affecting the number of photons emitted by an FP critically influence performance of PALM. One such key factor is the brightness of a single FP, which is a measure of the number of photons emitted per second by the FP. This molecular
brightness depends on single-molecule properties such as the excitation cross-section, the quantum efficiency of emission, and the photon emission rate. The single-molecule brightness of an FP can have a value higher than that of the corresponding ensemble (73) when nonproductive transitions into dark states compete with fluorescence emission, thereby decreasing the average brightness value. Besides the molecular brightness, the total number of photons emitted per molecule before photobleaching (i.e., the photon budget) also influences the photon number.

Undesirable reversible and irreversible light-induced and thermal transitions also affect the detection and localization accuracy of individual FPs. In single-molecule localization techniques, spontaneous blinking of fluorophore molecules (17) is a notable problem (64). Blinking and other nonproductive competing fluorophore transitions into nonfluorescent states influence the quantum yield of photoconversion, which corresponds to the probability that a molecule will undergo photoactivation upon an absorption of a photon. FP blinking may decrease the number of photons collected, which can hamper the detection of single FPs and degrade their localization accuracy. This phenomenon may also complicate the precise localization of single molecules, as blinking molecules may be counted and localized several times, and fluorescence may be detected from several molecules that are not separated by a distance larger than the diffraction spot.

Another important parameter is photoactivation contrast (43, 57, 65), which is determined from the increase in fluorescence signal among molecules in the photoconverted state (Figure 2). This parameter depends on the rate of photon emission in the photoactivated state, the level of residual emission in the dark state, and a probability of spontaneous thermal activation. Photoactivation contrast is crucial in single-molecule imaging, in which relatively high background autofluorescence can interfere with the detection of single molecules. Higher photoactivation contrast results in the collection of larger numbers of photons over the background signal, facilitating the detection of single FPs and increasing the localization precision of the photocontrollable FPs.

The photoswitching rate is an important parameter in both single-molecule and ensemble superresolution imaging. Ideally, this rate should allow fast enough photoactivation that low light intensities can be used, with minimal spontaneous thermal activations. However, photoswitching on rates should be slow enough to allow controlled photoconversion without overcrowding photoconverted molecules. In addition, rsFPs that exhibit slow switching off rates enable collecting a sufficient number of photons per molecule.

Properties affecting density of localized molecules. The density of localized molecules in a labeled structure is influenced by labeling density and the number of molecules undergoing activation, which correlates with the quantum yield of photoconversion and the photoactivation contrast. Poor labeling density may result from inefficient protein maturation. In addition, the density of localized molecules depends on the photon budget because there is a distribution of total photon numbers emitted by all the molecules and because the specific localization precision sets a threshold for including the molecules in the analysis. One can exclude dim molecules with low signal-to-background ratios and low localization precision from the analysis, but doing so results in a loss of resolution according to the Nyquist criterion. Consequently, a higher value of photoactivation contrast contributes to enhanced image resolution by increasing both the number of molecules localized and their average localization precision.

Properties affecting fatigue resistance. The photoswitching rate of rsFPs affects their fatigue resistance, defined as their ability to be switched multiple times without loss of brightness. As discussed above, this is an important parameter in ensemble superresolution techniques, such as RESOLFT, that involve multiple photoconversion events of rsFPs between bright and dark states (Figure 3). Faster switching rates enable rsFPs to undergo more photoswitching cycles (26).
because the per-cycle light dose is lower. However, there is a trade-off between the length of a photoswitching cycle and signal-to-background ratio. The fatigue resistance also depends on the excitation light intensity, irradiation setup, imaging conditions, and illumination time in each cycle.

Biochemical properties. The process of folding and chromophore formation, also called maturation, depends on the nature of the chromophore, the oxygen concentration, and the temperature. This process can take from a few minutes to several hours. FPs that mature efficiently and quickly at 37°C perform better in protein fusions. Also, the oligomeric state and size of FPs are the critical parameters for protein labeling. In most protein fusions, an FP must be monomeric, as oligomerization would otherwise interfere with the function and localization of the fusion partner, especially at a high local concentration (87). Substantial molecular engineering efforts (28, 31, 54, 77) were required to develop monomeric photocontrollable FPs from naturally occurring FPs, most of which are tetramers or dimers (12, 77). Alternatively, tandem dimeric versions of FPs, in which two FP protomers of a dimeric FP are fused together using a flexible linker, and heterotetrameric FP tagging, in which a protein fused to a protomer of a tetrameric FP is coexpressed with an excess of a free non-fluorescent tetrameric FP mutant (8), have been used as protein tags. These FPs behave as pseudomonomers, but they are twofold–fourfold larger and may therefore interfere with the correct localizations of some fusions, such as those of tubulin and histones (54).

Considerations for specific applications. The fluorescence of FPs depends on pH and thus may vary in the physiological context of a cell. FPs with $pK_a$ values of 5–6 are compatible with studying proteins in the cytosol. In contrast, studying protein fusions in acidic organelles such as late endosomes and lysosomes requires probes with $pK_a$ values of 4 or less. Most photocontrollable FPs are activated by violet light, which can cause phototoxic effects in living cells (59). These effects include changes in cell shapes, DNA damage, and subsequent apoptosis. Still, the typical light intensities used in ensemble and single-molecule superresolution imaging with photocontrollable FPs are rather low. Photocontrollable proteins that can be photoswitched and imaged with long-wavelength light, such as photoswitchable monomeric orange fluorescent protein (PSmOrange) (80) and PSmOrange2 (79), should be considered for live-cell experiments.

Comparison of Superresolution Techniques

Current implementations of both single-molecule localization PALM and ensemble RESOLFT techniques use similar ranges of light intensities of 1–100 kW/cm². Arguably, RESOLFT may use a lower total light dose per live cell because this technique uses point-scanning, in contrast to PALM, in which the entire imaged area is irradiated during recording.

Compared with patterned illumination approaches, PALM is easier to implement technically. In addition to commercially available microscopes, custom-built systems can be designed (23, 52), and although postacquisition processing is required, many software programs are available to do so (52). The setup for patterned illumination microscopy is more challenging than that of PALM, but image acquisition is easier and requires less postacquisition processing.

Because of the low signal-to-background ratio in a highly absorbing, autofluorescing, and scattering background, imaging of thick biological samples is challenging for both PALM and RESOLFT approaches, especially for PALM. Several techniques have been introduced to permit single-molecule localization in three dimensions, including a biplane fluorescence PALM (47), a 3D interferometric PALM (iPALM) (71), an astigmatism-based 3D stochastic optical reconstruction microscopy (42), and a 3D PALM with two-photon illumination (86). The higher
signal-to-background ratio due to imaging of an ensemble of molecules and the possibility of combining a superresolution technique with a confocal setup make RESOLFT promising for applications in relatively thick samples (25).

Superresolution imaging of dynamic processes always includes trade-offs between spatial and temporal resolution. The relatively slow acquisition speed was a limitation in the original implementation of PALM. This parameter has been improved in recent PALMIRA (18), s-PALM (19) and pcSOFI (16) techniques, and by using specific algorithms for scientific complementary metal–oxide–semiconductor cameras (44). There have also been advancements in the acquisition speeds of ensemble-based techniques. Specifically, the parallelized RESOLFT has enabled much faster image acquisition, reaching acquisition times of less than 2 seconds for the 100 μm × 120 μm field of view (10).

In contrast to ensemble imaging, single-molecule localization techniques are more suitable for quantitative studies, as they image individual molecules, which can be counted. In practice, however, blinking of fluorescent molecules interferes with counting them. Recently, several quantitative approaches have been reported that account for blinking using statistical pair correlation analysis (64), optimal spatial- and temporal-threshold–based grouping algorithms (61), and kinetic modeling (5, 50).

Both ensemble and single-molecule approaches allow researchers to use multicolor imaging, owing to the availability of a variety of spectrally resolvable photocontrollable FPs (16, 70, 75, 76). Overall, PALM and similar approaches utilizing photocontrollable FPs are widely used techniques, whereas patterned illumination methods utilizing rsFPs, including RESOLFT and nonlinear structured illumination, are currently used by a handful of labs but hold great potential for the future.

MODERN PHOTOCONTROLLABLE FLUORESCENT PROTEINS

Photoactivatable Fluorescent Proteins (PAFPs)

PAFPs photoconvert into a green or red fluorescent state after being photoactivated in a dark state by violet light (Table 1). These proteins are widely used in PALM because of their high contrast after photoactivation, their photostability, and their high photon emission rate. Moreover, because PAFPs are dark before photoactivation, they are ideal for use in two-color PALM imaging experiments, in which two types of tagged proteins are imaged simultaneously.

Photoactivatable green fluorescent protein (PAGFP) (58) was the first reported PAFP and is currently still the only dark-to-green PAFP. For this reason, PAGFP has been widely used in two-color imaging experiments in combination with dark-to-red PAFPs.

Photoactivatable monomeric red fluorescent protein-1 (PAmRFP1) (83) was the first dark-to-red PAFP. Insights from its development led to further engineering and the development of modern dark-to-red PAFPs, such as PAmCherry1 (75), PATagRFP (76), and PAmKate (27). Both PAmCherry1 and PATagRFP have exceptionally high contrast after photoactivation (Table 1). In PALM experiments, PAmCherry1 performs similarly to the photoswitchable FP tdEosFP (75). The recently developed dark-to-red PAFP, PATagRFP, has several characteristics that make it superior to other PAFPs in PALM applications. For example, its high photostability at the single-molecule level permits imaging of the same molecule through many frames, making PATagRFP an optimal choice for molecule tracking in single-particle-tracking PALM (sptPALM) (43) experiments. PATagRFP also exhibits a higher photon emission rate (i.e., more photons are detected per frame) than do other PAFPs, meaning that individual molecules can be more precisely localized in each frame.
### Table 1 Characteristics of modern monomeric photocontrollable fluorescent proteins

<table>
<thead>
<tr>
<th>Protein</th>
<th>Excitation (absorbance) maximum (nm)</th>
<th>Emission maximum (nm)</th>
<th>Extinction coefficient (M⁻¹ cm⁻¹)</th>
<th>Quantum yield</th>
<th>Brightness²</th>
<th>pKₐ</th>
<th>Photo-stability</th>
<th>Photoactivation light wavelength (nm)</th>
<th>Photoactivation contrast¹</th>
<th>Maturation half-time (min)</th>
<th>Localization precision in PALM (nm)</th>
<th>Reference</th>
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<tbody>
<tr>
<td><strong>Photoactivatable Fluorescent Proteins (PAFPs)</strong></td>
<td></td>
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<tr>
<td>PAGFP</td>
<td>400</td>
<td>515</td>
<td>20,700</td>
<td>0.13</td>
<td>2.6</td>
<td>ND</td>
<td>ND</td>
<td>200</td>
<td>405</td>
<td>ND</td>
<td>~40 (17)</td>
<td>(58)</td>
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<td>504</td>
<td>517</td>
<td>17,400</td>
<td>0.79</td>
<td>13.7</td>
<td>6.3</td>
<td>Low</td>
<td>70</td>
<td>405</td>
<td>ND</td>
<td>ND</td>
<td>(83)</td>
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<tr>
<td>PAmCherry1</td>
<td>578</td>
<td>605</td>
<td>10,000</td>
<td>0.08</td>
<td>0.8</td>
<td>4.4</td>
<td>Medium</td>
<td>4,000</td>
<td>405</td>
<td>23</td>
<td>~10-15 (9)</td>
<td>(75)</td>
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<td>564</td>
<td>595</td>
<td>18,000</td>
<td>0.46</td>
<td>8.3</td>
<td>6.1</td>
<td>Medium</td>
<td>&gt;5,000</td>
<td>405</td>
<td>75</td>
<td>~20 (76)</td>
<td>(76)</td>
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<td>562</td>
<td>595</td>
<td>66,000</td>
<td>0.38</td>
<td>5.3</td>
<td>ND</td>
<td>ND</td>
<td>100</td>
<td>405</td>
<td>19</td>
<td>~25-40 (27)</td>
<td>(27)</td>
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<td>41,000</td>
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<td>4.3</td>
<td>ND</td>
<td>400</td>
<td>405</td>
<td>ND</td>
<td>~10 (70)</td>
<td>(11, 13)</td>
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<td>490</td>
<td>511</td>
<td>47,000</td>
<td>0.23</td>
<td>11</td>
<td>6.1</td>
<td>Low</td>
<td>300</td>
<td>405/488</td>
<td>90</td>
<td>~10 (22), ~20 (54)</td>
<td>(13, 28)</td>
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<td>mEcoFP (tandem dimer)</td>
<td>553</td>
<td>573</td>
<td>35,000</td>
<td>0.55</td>
<td>19</td>
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<td>72</td>
<td>~10 (70), ~20-25 (51, 75)</td>
<td>(84)</td>
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<td>405</td>
<td>&lt;90⁰</td>
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<td>(53)</td>
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² Quantum yield, brightness, extinction coefficient, and pKₐ were measured for proteins in vitro.

¹ Photoactivation contrast was measured with respect to the unactivated protein.

³ Maturation half-time was measured in cells.

⁴ Localization precision in PALM was measured in cells.

⁵ Reference values were taken from the literature.

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Annu. Rev. Biophys. 2014.43:303-329. Downloaded from www.annualreviews.org by Yeshiva University - Albert Einstein College of Medicine on 06/06/14. For personal use only.
<table>
<thead>
<tr>
<th>Protein</th>
<th>Nominal λem</th>
<th>λmax (nm)</th>
<th>Nominal λex</th>
<th>λmax (nm)</th>
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<td>ND</td>
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<td>ND</td>
<td>ND</td>
<td>ND</td>
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<td>ND</td>
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(Continued)
Table 1 (Continued)

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<th>Protein</th>
<th>Excitation (absorbance) maximum (nm)</th>
<th>Emission maximum (nm)</th>
<th>Extinction coefficient (M⁻¹ cm⁻¹)</th>
<th>Quantum yield</th>
<th>Brightnessa</th>
<th>pKₐ</th>
<th>Photo-stability</th>
<th>Photoactivation light wavelength (nm)</th>
<th>Maturation b half-time (min)</th>
<th>Localization precision in PALM (nm²)</th>
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<td>572</td>
<td>610</td>
<td>81,000</td>
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<td>ND</td>
<td>ND</td>
<td>300</td>
<td>ND</td>
<td>ND</td>
<td>(73, 78)</td>
</tr>
<tr>
<td>rsCherryRev</td>
<td>572</td>
<td>610</td>
<td>80,000</td>
<td>0.02</td>
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<td>6.0</td>
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<tr>
<td></td>
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<td>585</td>
<td>16,800</td>
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<td>570</td>
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Coloration of cells reflects excitation (or absorbance), fluorescence, and photoconversion light for a fluorescent protein (FP); cells with gray backgrounds correspond to the dark (nonfluorescent) state. The upper row for each FP describes its parameters before photoconversion and the lower row describes its parameters after photoconversion. The complex photoswitching behavior of mIrtFP and NiFP is described in the text. Maturation half-times are indicated for purified FPs. Abbreviations: ND, not determined; PALM, photoactivated localization microscopy.

a A brightness in (mM·cm)⁻¹ is determined as the product of extinction coefficient in (M·cm)⁻¹ and quantum yield. b An increase in (fold) in fluorescence signal of the photoconverted state. Maturation process includes both protein folding and chromophore formation. c Values are based on comparison with tDendra2 and mEos2. d Values are based on comparison with Dendra2 and mEos2. e Values are based on data for residual fluorescence in the off state reported in References 4, 25, and 26. f Although monomeric at 37°C, Padron was shown to form dimers at 4°C (4). g Data from Reference 78. h The numbers were averaged to account for possible variability in biological samples expressing fluorescent proteins, their preparation, and imaging conditions.
Photoswitchable fluorescent protein (PSFP): fluorescent protein that is irreversibly photoswitchable from one fluorescent state to another.
Photoswitching kinetics: a characteristic of the time at which the fluorescence signal changes twofold in the processes of turning fluorescence on or off.

Reversibly switchable fluorescent protein (rsFP): fluorescent protein that can be reversibly photoswitched between dark and fluorescent states.

Selective photolabeling to study the dynamics, formation and disassembly of protein complexes (21).

The orange-to-far-red proteins PSmOrange (80) and PSmOrange2 (79) can be photoswitched with blue-green light. Interestingly, the far-red state of these PSFPs exhibits the most red-shifted excitation among all GFP-like FPs. PSmOrange and PSmOrange2 have demonstrated good performance in PALM (79, 80). PSmOrange2 has the blue-shifted photoswitching action spectrum, severalfold higher photoactivation contrast, and approximately tenfold faster photoactivation rate than PSmOrange. The potential limitation of both probes is that their photoswitching efficiency and kinetics depend on the redox environment. The spectral properties of both proteins should allow multicolor superresolution imaging with other PAFPs, including PAGFP and PSCFP2.

Reversibly Photoswitchable FPs (rsFPs)

rsFPs photoswitch between two states in response to activating light. In addition to photoswitching, rsFPs can spontaneously relax to their steady state with a relaxation half-time that varies from minutes to hours and that depends on temperature (Table 2) (12). These proteins are useful in both single molecule-based and ensemble-based superresolution techniques, although the rsFP requirements for use in these two types of techniques differ. In PALM experiments, rsFPs that have slow switching kinetics and that produce a large number of photons per cycle are desirable in order to provide high localization precision (55). In RESOLFT experiments, however, rsFPs with high fatigue resistance and faster switching kinetics are ideal (26, 74). Modern rsFPs exhibit one or more of these properties and include the following: (a) green Dronpa, its derivatives, and proteins with similar properties; (b) green-yellow Dreiklang for which the photoswitching light is decoupled from excitation; (c) green reversibly switchable enhanced GFP (rsEGFP) and its mutants; (d) red rsCherries; and (e) red rsTagRFP (Table 1).

Dronpa, which is bright and has relatively high photoswitching contrast, was the first widely used monomeric rsFP (3). Initially, Dronpa exhibits green fluorescence in response to excitation by blue light. High-intensity blue light then switches Dronpa off, and violet light turns the protein back on. This type of photobehavior, in which the switching off occurs at the fluorescence excitation wavelength, is termed negative switching. Dronpa has different absorbance spectra when in the on state versus the off state. This phenomenon is called photochromism. Although early studies demonstrated RESOLFT with Dronpa (15), its applicability to this technique is limited because of suboptimal switching kinetics and low fatigue resistance. Dronpa has been successfully applied to single-molecule localization techniques (9, 30, 70), and Dronpa mutants with fast switching kinetics, including rsFastlime (74) and Dronpa3 (19), have been utilized in PALMIRA and s-PALM. rsFPs with slow switching kinetics are likely to be useful in these techniques because they emit more photons per cycle and thus can be localized with the higher precision (55). The recently developed mGeosM demonstrated a severalfold slower half-time for switching off, resulting in a higher localization precision than that of Dronpa and comparable to that of PAmCherry1 (9).

Several Dronpa mutants with distinct switching phenotypes have been developed. One of these mutants, bsDronpa, has absorbance and excitation spectra that are broader and blue-shifted compared to those of Dronpa (4). Similar to Dronpa, bsDronpa is switched on by violet light and switched off by blue light. Unlike Dronpa, however, it can be efficiently excited by both blue and violet light. Another Dronpa mutant, called Padron, has switching behavior antagonistic to Dronpa (4). Blue light switches Padron on and excites fluorescence, whereas violet light switches the protein off. This type of photoswitching behavior, when an rsFP undergoes off-on switching at fluorescence excitation wavelengths, is termed positive switching. Although they are useful in monochromatic multilabel confocal microscopy, none of the Dronpa mutants described above demonstrates
## Table 2  Specific properties of reversibly switchable fluorescent proteins related to their applicability to superresolution imaging

<table>
<thead>
<tr>
<th>Protein</th>
<th>Residual signal in the off state (%)</th>
<th>Fatigue resistance (number of switching cycles to bleach to 50% of initial fluorescence)</th>
<th>Photoswitching kinetics</th>
<th>Equilibrium state at room temperature (% of maximal fluorescence)</th>
<th>Reference</th>
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<tr>
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<td>4</td>
<td>15.0; 0.045b (4)</td>
<td>0.12; 0.048c (4)</td>
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<td>0.016; 600c (25)</td>
<td>0.00005; 2,000 (25)</td>
<td>0.8; 4.4d (2.5)</td>
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<td>2.6; 0.045b</td>
<td>0.03; 0.048c</td>
<td>8</td>
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<td>0.06; 0.048c</td>
<td>5.6; 0.045b</td>
<td>150</td>
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<tr>
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<td>10</td>
<td>∼100</td>
<td>1.25; 0.045b</td>
<td>0.04; 0.048c</td>
<td>54</td>
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<td>Dreiklang</td>
<td>1.4–15</td>
<td>160e</td>
<td>&lt;1; 7b</td>
<td>∼3; 0.7c</td>
<td>4</td>
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<tr>
<td>rsEGFP</td>
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<td>0.001; 600f</td>
<td>0.00002; 2,000</td>
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<td>2.8; 5c (78)</td>
<td>0.0033; 10d (78)</td>
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<td>&gt;140</td>
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<td>0.0017; 10d</td>
<td>65</td>
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<td></td>
<td></td>
<td>0.18; 4,900m</td>
<td>0.0028; 300n</td>
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The fatigue resistance and residual fluorescence may vary depending on the sample preparation and experimental conditions, particularly the power of irradiating light. For example, the background for Dreiklang is 5–10% in bacterial streaks, whereas it is 1.4% in wide-field images of mammalian cells (7). The equilibrium state indicates the relative fluorescence intensity achieved by a fluorescent protein after the relaxation in the darkness. Abbreviation: ND, not determined.

aThe wavelengths of switching light correspond to those shown in Table 1, with the exception of 491 nm, 590 nm, and 480 nm. The filter widths are 488/10 nm, 405/10 nm, 365/25 nm, 390/10 nm, 480/40 nm, 550/20 nm, 450/20 nm, 570/30 nm, 436/20 nm, 570/5 nm, and 440/5 nm. This value is temperature dependent: It decreases with an increase in temperature (7).
substantial advantages over parental Dronpa in superresolution imaging. Moreover, rsFPs with positive switching are not readily applicable to PALM because activating a small subset of distantly located fluorescent molecules is difficult when the excitation light also switches them on.

Green-yellow Dreiklang, which is derived from the yellow FP Citrine, is the only reported rsFP whose fluorescence excitation is decoupled from photoswitching (7). Irradiation at 515 nm (near the excitation maximum) does not switch Dreiklang on; rather, illumination with 365-nm light switches the protein on, and illumination with 405-nm light switches it off. The switching phenotype of Dreiklang makes it possible to control the length and probability of a photoswitching cycle. By adjusting the irradiation time and the power of 355-nm and 405-nm lasers, researchers were able to image and localize individual molecules to within 15 nm. Dreiklang was also used in RESOLFT studies, in which a high resolution of 35 nm was achieved as a result of the protein’s high fatigue resistance and fast switching rate (Table 2). However, Dreiklang has several drawbacks. First, its switching properties are highly dependent on temperature, and fatigue resistance decreases at higher temperatures. Second, Dreiklang exhibits very fast spontaneous recovery from the off state at 37°C. Finally, switching requires UV light, which affects cell viability and can induce changes in cell morphology (7).

The recently reported reversibly switchable enhanced GFP (rsEGFP) (25) and rsEGFP2 (26) can be reversibly switched on and off by 405-nm light and 491-nm light, respectively. They exhibit properties that are advantageous for RESOLFT, including substantially higher fatigue resistance and faster switching kinetics than those of Dronpa (Table 2). A resolution of less than 40 nm was achieved in live cells using RESOLFT with rsEGFP (25). Still, the rsEGFP has relatively slow switching kinetics for use in point-scanning RESOLFT, resulting in an acquisition time of approximately 1 hour to record a typical image. The rsEGFP mutant, rsEGFP2, exhibits severalfold faster switching-off kinetics at low intensities of irradiating light, enabling 25–250-fold faster image recording (26). However, the resolution achieved using rsEGFP2 (50–90 nm) is lower than that obtained using rsEGFP because the shorter imaging cycle leads to a lower signal-to-background ratio. rsEGFP2 has the lower photoswitching contrast than does rsEGFP. An rsEGFP/N205S mutant that switches off severalfold slower than rsEGFP and that emits twice more photons per cycle was used successfully in parallelized RESOLFT (10). Slow-switching rsFPs have advantages in fast-acquisition imaging such as parallelized RESOLFT because they emit large numbers of photons per cycle and therefore have higher signal-to-background ratios.

The first reported monomeric red rsFPs are the negative-switching rsCherryRev and the positive-switching rsCherry (73). Both proteins have low brightness and photoswitching contrast in ensemble. However, at the single-molecule level, some rsCherryRev and rsCherry molecules display tenfold higher brightness, which is comparable to the molecular brightness of their parent protein, mCherry. This phenomenon has enabled the use of rsCherryRev in PALMIRA (73). The difference in ensemble and single-molecule characteristics may be caused by competing transitions into other nonfluorescent states. Other limitations of these rsFPs are their relatively fast switching-off kinetics; low contrast; and complex photoswitching behavior, which includes changes in the contrast and fluorescence intensity that depend on the number of switching cycles the protein has undergone.

The recently engineered negative-switching red rsFP rsTagRFP (78) does not have the drawbacks of rsCherryRev. rsTagRFP can be switched on by yellow light and switched off by blue light. In contrast to rsCherry and rsCherryRev, its absorbance spectra profile changes upon photoswitching. rsTagRFP has a high ensemble brightness and a high photoswitching contrast, similar to those of the green rsFP Dronpa. The spectral and optimized photophysical properties of rsTagRFP have enabled its use with Dronpa in two-color pcSOFI (16). rsTagRFP should also be useful in two-color PALMIRA experiments, but its fatigue resistance makes it suboptimal for RESOLFT.
APPLICATIONS OF SUPERRESOLUTION MICROSCOPY USING PHOTOCONTROLLABLE FLUORESCENT PROTEINS

The success of PALM and related single molecule–based imaging techniques depends heavily on data processing and image reconstruction techniques. Various statistical and computational techniques have been developed for optimal detection of single molecules in crowded biological environments. The initialPALM superresolution studies utilized localization algorithms based on fitting of a single emitter profile within a diffraction-limited spot (6). However, these algorithms often led to discarding a fraction of the data when this condition was not satisfied, resulting in decreased sampling density. Recent developments in localization algorithms have readdressed this situation by allowing precise localization of multiple single-molecule emitters within a diffraction-limited spot (14, 40, 45, 72, 88). Depending on the data acquisition and processing algorithms employed for the experiment, the output can report different attributes of single-molecule organization and dynamics. Here we focus on the rationale and operational principles of some recent PALM approaches and highlight specific examples that underscore the versatility of these techniques.

Although it is not as developed as PALM, RESOLFT has already advanced superresolution microscopy. In contrast to single-molecule localization techniques, RESOLFT provides super-resolution images practically in real time, similar to confocal microscopy. We discuss several RESOLFT applications that have become possible as a result of recent progress in designing rsFPs and microscopy instrumentation.

Overall, improvements in the techniques used to analyze single-molecule statistics and spatial organization in PALM and in the implementation of hardware approaches in RESOLFT have transformed these superresolution microscopy methods into powerful tools for garnering key insights about protein organization, protein dynamics, and the fine structural details of cellular architecture.

Spatial Relationship Between Single Molecules

Dynamic clustering of protein molecules is a common mechanism for modulating processes like cell signaling, cell migration, and membrane trafficking. In recent years, it has become increasingly clear that such clustering often takes place within morphologically featureless areas of the cell. This is especially true for protein organization in mammalian cell membranes, manifested by the presence of membrane nanodomains with distinct protein compositions and by clusters of cell surface receptors held together by protein–protein and protein–lipid interactions. Understanding the mechanisms underlying the biogenesis of such protein clusters and how they regulate cellular processes is a key focus in biology. To achieve such an understanding, it is necessary to elucidate the protein content, nanoscale spatial organization, and dynamics of proteins within these molecular assemblies, as well as to monitor how such properties change during physiological processes. Until recently, this information has eluded scientists because of the paucity of biophysical techniques that can study nanoscale organization in a native biological context.

The development of PALM and other single-molecule techniques promises to furnish insights about the nanoscale spatial configuration of proteins because these techniques are able to produce high-density molecular localizations of thousands of specifically labeled proteins, independent of their presence in morphologically distinct structures. The analysis of this data provides unprecedented opportunities to detect and characterize the nanoscale spatial configuration of proteins within clusters. Furthermore, comparing the physical properties of these clusters can provide insights about how such organization is modulated during specific biological processes.
The extraction of quantitative information about protein organization from these superresolution data sets is not straightforward because of blinking, a phenomenon in which a single fluorescing molecule appears in multiple image frames punctuated by variable time periods (64, 65). If not taken into account, blinking can manifest as spurious clustering of proteins. Recognition of this problem has led to the development of statistical techniques to extract the actual spatial organization of proteins submerged in the cluster of localizations from multiple appearances. One of these approaches uses pair-correlation analysis in conjunction with prior knowledge about the spatial distribution of localizations arising from the same molecule (64). This algorithm, termed pair-correlation PALM, enables the detection of protein clusters and the estimation of physical parameters such as their size, protein number, and protein density. The technique was used to characterize clusters of signaling molecules such as Lat and Lyn, glycosphatidylinositol (GPI)-anchored protein, and a viral envelope protein (Figure 4a). In recent years, several other statistical techniques have been reported for evaluating the total number of proteins present in a superresolution data set (5, 50, 56), a critical parameter for proper analysis of the spatial organization of proteins. Cluster analysis algorithms, alone or in conjunction with such statistical approaches, have been used to characterize the spatial relationship of the transferrin receptor within endocytic pits (75), the organizational plasticity of asialoglycoprotein receptors on the plasma membrane (61), and the dynamic clustering of various signaling receptors and accessory proteins (68, 85). These studies underscore how advances in statistical techniques have allowed researchers to access the information within PALM data sets, helping to unravel the intricate spatial relationships that dictate the functional properties of biomolecules.

### Structural Details of Molecular Assembly and Nanowriting

Apart from providing details about the relative positioning of single molecules, the large number of single-molecule positions furnished by PALM can also be used to reconstruct subcellular structures.
in a pointillistic fashion. Such high-resolution pointillistic depictions enable the study of closely
spaced cellular structures, including the cytoskeleton, synaptic junctions, nuclear pores, cellular
junctions, and adhesions. The localization of multiple proteins and their correlation with electron
microscopy have been used to provide additional structural context for high-resolution pointillistic
reconstructions derived from PALM data sets. The utility of PALM for interrogating nanoscale
cellular organization received a further boost with the development of 3D imaging modalities.
Some of the highlights of the studies performed using a combination of these techniques include
(a) elucidation of the layered arrangement of different proteins within focal adhesions by 3D
iPALM (48) (Figure 4b), (b) visualization of the spatial association between a mitochondrial

![Distribution of single molecule peaks](image1)

![Paxillin](image2)

![α-actinin](image3)

![tdEosFP-paxillin](image4)
nucleoid and a mitochondrial matrix protein (49), (c) delineation of the molecular details of aquaporin complex assembly on a cell membrane (62), and (d) description of bacterial chemotaxis and receptor clustering on the basis of self-organization principles (24).

RESOLFT imaging with rsFPs has allowed researchers to demonstrate nanowriting and data storage using biological molecules. Both repeated short-term data storage with the density of a DVD and permanent data writing became possible utilizing rsEGFP in RESOLFT (25). In the latter case, the data were written and read out with distances as small as 200 nm between individual bits; this density is fourfold denser than that achievable using regular light focusing.

**Dynamics of Single Protein Molecules**

PALM experiments performed with live cells are capable of providing insights about the dynamics of single protein molecules at nanoscopic spatial scales. Such single-molecule dynamics are exquisitely sensitive to the local microenvironment, and their motion reports the details of the nanoscale spatial heterogeneities that these molecules encounter as they navigate the cellular landscape. These spatial heterogeneities in turn play critical roles in organizing protein molecules and in determining the probability and duration of intermolecular interactions, thereby guiding the biological processes in which they participate. Below, we discuss how PALM experimental protocols and data processing can be modified to furnish insights about these dynamic spatial heterogeneities.

In a PALM experiment with live cells, single fluorescing molecules are imaged multiple times during image acquisition. The localized positions of a molecule in successive image frames track its movement in space, and joining these discrete positions allows one to generate a high-resolution trajectory of the movement of the molecule. The sequential cycles of photoactivation or photo-switching, imaging, and photobleaching allow one to track sparsely distributed newly activated molecules as fluorescing molecules are removed from the visible pool of molecules by photobleaching. The sptPALM approach (51) allows one to track thousands of molecules in a single sample, enabling nearly exhaustive sampling of single-molecule dynamics over the entire spatial landscape. This technique provides a substantial advancement over traditional single-particle experiments in which the requirement for spatial separation of individual molecular tracks imposes a severe constraint on the number of trajectories that can be evaluated in a given experiment. Apart from exhaustive mapping of protein dynamics, sptPALM, by virtue of its vast sample size, also makes interrogation of infrequent intermolecular interactions possible.

Recent advances in the engineering of suitable PAFPs, such as PATagRFP, have enabled the implementation of two-color sptPALM to elucidate the nanoscale dynamics of several receptors correlated with the dynamics of clathrin-coated pits (76). sptPALM has also been used to interrogate the nanoscale spatial dynamics of the α-amino-3-hydroxy-5-methyl-4-isoxazolepropionic acid (AMPA) receptor in hippocampal dendrites (41). Through careful analysis of the sptPALM trajectories, the latter study concluded that a potential well generated by an assembly of binding receptors modulates the spatial organization of AMPA receptors (Figure 4c). These examples underscore how analysis of the diffusive behavior of a protein can provide insights about the mechanisms that modulate its dynamics and assembly.

**Imaging of Living Cells**

Even though the molecules localized in live-cell PALM experiments are in constant motion, their coordinates can be used to recreate a subcellular structure if the molecules are confined within it. In such a scenario, the successive coordinates of a molecule basically provide a sampling of different
parts of the structure. Note, however, that such structural reconstruction is only possible if the
time required for sufficient sampling is shorter than that of the dynamics of the organelle. This
requirement limits the temporal resolution of this strategy to achieve a desired spatial resolution,
allowing the study of only structures with dynamics of a few seconds or more.

In live-cell PALM, the image series is divided into subsets, each of which contains a certain
number of successive image frames. The coordinates in each subset are combined separately to
recreate a high–spatial resolution image of the structure, and each reconstruction gives a temporally
updated snapshot of the structure. The collection of these reconstructed images therefore enables
interrogation of the dynamics of molecular assemblies at high resolution. This approach has been
utilized to observe the dynamics of focal adhesions in mammalian cells (69) (Figure 4d) and the
temporal evolution of signaling clusters during T-cell signaling (85).

RESOLFT microscopy, in addition to imaging static structures in live cells at a resolution
of less than 40 nm (25), allows studies of cells by taking repeated images over time. Dynamic
changes in actin filament organization have been followed in a dendrite within a living organotypic
hippocampal slice at a resolution of less than 80 nm (25). The use of rsEGFP2 (26) with fast
switching kinetics and parallelized imaging schemes, such as parallelized RESOLFT (10), helped
to further increase the temporal resolution of time-lapse RESOLFT. Moreover, RESOLFT has
been successfully used to document the dynamics of dendritic spines within hippocampal brain
tissue (81) and those of neurites and filopodia of neuronal cells (10).

SUMMARY POINTS
1. Photocontrollable FPs with high photon emission rates, large photon budgets, and high
photoactivation contrast are optimal for superresolution imaging of single molecules.
The chosen FP should also provide a high density of localized molecules.
2. The green-to-red PSFPs Dendra2, mEos2, mEos3.1, mKikGR, and mMaple have
demonstrated good performance in PALM. The red PAFPs PAmCherry1 and
PATagRFP provide high localization precision and can be combined with PAGFP for
two-color imaging. The photocontrollable far-red PAmKate, cyan-to-green PSCFP2,
and orange-to-far-red PSmOrange FPs present additional advantages for multicolor
PALM.
3. Negative-switching rsFPs are applicable for PALM applications. The slower-switching
rsFPs, such as Dronpa and rsTagRFP, emit more photons per cycle. However, the
faster-switching rsFPs, including rsFastLime and Dronpa3, better suit PALMIRA and
s-PALM.
4. rsFPs with high fatigue resistance are required for RESOLFT. The fatigue resistance of
rsFPs depends on ensemble photostability and photoswitching kinetics. Currently,
only green rsEGFP, its derivatives, and Dreiklang are suitable for RESOLFT imaging
of mammalian cells.
5. Superresolution PALM and RESOLFT approaches with photocontrollable FPs have
great potential to advance different areas of biology and medicine. These techniques have
already enabled nanoscale imaging of subcellular organization and single biomolecules
in various mammalian cells and tissues.
DISCLOSURE STATEMENT

The authors are not aware of any affiliations, memberships, funding, or financial holdings that might be perceived as affecting the objectivity of this review.

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LITERATURE CITED

7. Dreiklang performs well in both PALM and RESOLFT owing to its fatigue resistance and photoswitching decoupled from excitation.
10. Parallelized RESOLFT allows substantially faster image-acquisition speed than point-scanning RESOLFT.

21. mrisFP undergoes green-to-red irreversible and dark-to-fluorescent reversible photoswitching, allowing pulse-chase imaging in two-color PALM.

25. Discusses the high fatigue resistance of rsEGFP enables RESOLFT of live cells and provides a conceptual basis of RESOLFT.

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64. Combination of PALM with pair-correlation analysis enables studies of protein clusters, their size, their density, and their abundance in plasma membrane.

76. PATagRFP demonstrates advanced PALM properties and enables two-color single-particle tracking PALM together with PAGFP in live cells.

78. rS TagRFP is characterized by high contrast and photochromism, allowing its use in various applications including two-color pcSOFI.

79. Orange-to-far-red PSmOrange2 is photoswitched by noncytotoxic blue-green light and awaits its application in multicolor PALM.

82. Derives the equation for a precision of localization of single molecules in fluorescence imaging.

87. mEos3.1 and mEos3.2 are optimized for monomeric behavior, enabling PALM imaging of fused membrane proteins at high local density.