

## **MONTEFIORE MEDICAL CENTER**

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Montefiore Medical Center is the University Hospital of the Albert Einstein College of Medicine. It consists of two campuses, located approximately 4 miles apart, with over 1200 inpatient beds. The Moses Division is located in the West Bronx, and the Weiler Division is located in the East Bronx, adjacent to the College of Medicine. At both hospitals, there are hospice beds, with an inpatient palliative care suite at the Moses Division. Residents and medical students rotate through the program throughout the year, and are an integral part of the team.

## **LIVING IN THE BRONX AND WESTCHESTER**

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The College of Medicine and Montefiore Medical Center are in the Bronx, one of the five boroughs of New York City. The Bronx is just south of the villages of Westchester Country. It also spans from Riverdale overlooking the Hudson River to the fishing community of City Island. The Bronx is home to Yankee Stadium, the Bronx Zoo, The New York Botanical Garden, Wave Hill, and Van Cortland Park. The cultural opportunities of Manhattan and the recreational areas of Long Island are easily accessible from the medical center. There is ample housing in the residential areas that surround the medical center.

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## **Montefiore Medical Center and Albert Einstein College of Medicine**

### **Palliative Care Fellowship Program**



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## **THE PROGRAM**

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The palliative care fellowship is a 1-year joint training program with Montefiore Medical Center and Visiting Nurse Services Hospice, providing fellows with a comprehensive experience in clinical practice. The program has adopted the standards of the American Board of Hospice and Palliative Medicine and the ACGME. After completing the fellowship, the trainee will possess the skills necessary to become board certified in Hospice and Palliative Medicine. The trainee will be ready for both clinical and academic careers in hospice and palliative medicine. The program includes rotations through inpatient consultation service, palliative care unit, HIV medicine, substance abuse services, pediatrics, hospice and bioethics.

## **THE SERVICE**

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The palliative care fellowship provides the trainees with expertise in palliative medicine in one of the largest teaching hospitals in the country. The diverse cultural and ethnic background of the patients and families served enriches the clinical experience. Our mission is to provide comprehensive care, research, and education across the continuum of care. The pain management service, the 15-bed in-patient unit, and the emergency room consultation project are an integral part of our program. We are a service without walls. We provide care in nursing homes, emergency departments, and critical care units. and in the HIV, chronic pain and cancer pain clinics. We recently

introduced a volunteer doula program as well as offering complementary and alternative medicine, and acupuncture. Our interdisciplinary clinical team consists of 4 physicians, 2 nurse practitioners and 2 social workers. The inpatient team consults on an average of 150 patients per month.

## **FACULTY**

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Twelve-core faculty represents a wide variety of experiences and disciplines, including Internal Medicine, Family Medicine, Bioethics and Social Work. A number of the faculty are nationally recognized experts in their fields. They are active in clinical, teaching, and research arenas. In addition, there are adjunct faculty for supervision at other sites such as Memorial Sloan Kettering Cancer Center, Beth Israel Medical Center, VNSY Hospice, and Calvary Hospital.

## **PALLIATIVE CARE UNIT**

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This is a 15-bed inpatient palliative care unit, located at the Moses Division. We offer a multi-disciplinary team approach to patient care. The trainees will rotate through the unit and learn inpatient palliative medicine.

## **PAIN MANAGEMENT CLINICS**

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We run a variety of pain clinics, focusing on chronic pain, HIV associated pain, and cancer pain. A multidisciplinary approach to pain management is used in these clinics. The fellows will participate in these

weekly clinics., learning outpatient pain management.

## **BIOETHICS**

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Bioethics is a service that is now integrated into our department. The interaction of the palliative care team with this department is extensive, allowing the trainee to learn communication and problem resolution skills. The trainees will spend one half day per week participating in a certificate course in bioethics.

## **HIV MEDICINE**

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The chairman of the Department of Family and Social Medicine, Dr. Selwyn, is a world-renowned expert in HIV palliative care. He has authored numerous articles and books on the subject. He is the grant developer for the largest government funded program in HIV palliative care, and supervises the fellows during the HIV inpatient rotation.

## **CRITICAL CARE MEDICINE**

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We average about 40-50 consults per month in the intensive care units at Montefiore. The trainee will learn triaging skills necessary for assessing and maximizing the care that is provided for patients with life threatening disease. Our fellows acquire skills in communicating bad news, advanced care planning, and symptom and disease management in critically ill patients.