

Joe Verghese, M.B.B.S.

*Professor, Saul R. Korey Department of Neurology, Einstein
Murray D. Gross Memorial Faculty Scholar in Gerontology, Einstein
Director, Division of Cognitive & Motor Aging, Department of Neurology, Einstein
Attending Physician, Department of Neurology, Montefiore Medical Center*

Joe Verghese, M.B.B.S., graduated from St. Johns Medical College, Bangalore, India, in 1989. He then completed his postgraduate training in internal medicine and neurology in the United Kingdom. Dr. Verghese finished his neurology residency at Einstein in 1998, and went on to do fellowship training in neurophysiology and in aging and dementia there. He received a master of science degree in clinical research methods with distinction from Einstein in 2001, and is board-certified in neurology.

Dr. Verghese is the clinical director of the Einstein Aging Study, a longitudinal aging study funded by the National Institutes of Health. He is a recipient of the Beeson Award from the National Institute on Aging and the Outstanding Scientific Achievement for Clinical Investigation Award from the American Geriatrics Society. His research interest is the effects of disease and aging on mobility and cognition in older adults, and he has had several peer-reviewed publications and federally funded research grants in this area. Dr. Verghese's current projects include studying the influence of cognitively stimulating activities on reducing the risk of dementia; global health studies in dementia; and the role of divided-attention tasks such as walking while talking in predicting outcomes such as disability and cognitive decline.