STUDENT DIVERSITY

There are 183 students in the first-year class.

44% are women, 13% are from groups underrepresented in medicine and 6% are combined M.D./Ph.D. students.

20–40 is the age range; 16% are over the age of 25 and 23.3 is the average age.

18% were born outside the U.S. and 2% are international students.

78 colleges are represented; most highly represented are: Boston College, City University of New York System, Columbia University in the City of New York, Cornell University, Georgetown University, Harvard University, Johns Hopkins University, Middlebury College, New York University, State University of New York System, Tufts University, University of California System, University of Illinois at Urbana-Champaign, University of Michigan–Ann Arbor, University of Pennsylvania, University of Rochester, University of Southern California, University of Washington and Yeshiva University.

27 states are represented.

27% are nonscience majors, 55% have a B.A.; 46% have a B.S.; and 5% have an advanced degree.

3.74 is the overall GPA, combining a 3.71 average science (BCPM) GPA and a 3.78 average all other (AO) GPA.

32.41 is the average MCAT score.
As you consider which medical school to choose, I wanted to share with you some of my observations about what makes Albert Einstein College of Medicine such a compelling choice.

Einstein has always excelled in the quality of its faculty members, who perform outstanding research, provide compassionate patient care and are dedicated to teaching; and in the quality of its students, a diverse and talented group who support each other through the rigorous years of medical school training, so that they are recognized by residency programs throughout the country as among the best prepared. But Einstein is getting even better in measurable and significant ways.

Our Deans for Student Affairs have implemented a program of mentoring and career advising tailored to the individual needs of each of our students. Always innovative in global health training opportunities for students, Einstein has established the Global Health Center, which offers extraordinary experiences for students interested in unique learning opportunities, while simultaneously making a contribution to improving health in the developing world. A Campus Master Plan developed over the past few years has already enhanced campus appearance and ambience. A new, dedicated clinical skills training facility is but the first step in what will be a major upgrade of Einstein’s educational and student “quality of life” facilities. The formal dedication of our new Michael F. Price Center for Genetic and Translational Medicine/Harold and Muriel Block Research Pavilion on June 12, 2008, marked a key milestone in the expansion of our campus, and has already attracted many new, outstanding investigators to Einstein, enhancing the already numerous opportunities for students to get involved in research projects of all types.

I feel especially privileged that as Dean, I am able to contribute to educating the next generation of physicians at Albert Einstein College of Medicine, a great medical school with an inspiring history, a remarkable record of achievement and a future of infinite opportunity. I invite you to consider joining us.

“Einstein has always excelled...in the quality of its students, a diverse and talented group who support each other through the rigorous years of medical school training.”

WELCOME

At Albert Einstein College of Medicine, compassion, collaboration and collegiality are the hallmarks that differentiate our environment and color your experience. From the accessibility of faculty to the Introduction to Clinical Medicine course to our noncompetitive grading system, Einstein fosters an environment in which students are encouraged to learn from each other, from our expert clinical and research faculty, from the diverse clinical experiences available at our seven affiliate hospitals and from involvement in providing medical care in the community and around the world.

The open and supportive community at Einstein allows us to be true to our namesake and continue to innovate, to push the boundaries of what is known and what is practiced. Einstein was among the first of the major medical schools to bring first-year students into contact with patients and link classroom study to case experience. Einstein also led the way in the development of bioethics as an accepted academic discipline in medical school curricula, and it was the first private medical school in New York City to establish an academic department of family medicine as well as the first to create a residency program in internal medicine with an emphasis on women’s health.

Our innovative approach to medical education has helped Einstein graduates excel, with nearly 90% matching to one of their top three residency choices. Our graduates also enter research programs focusing on a range of subjects, including public health, research and global medicine, neuro-oncology and infectious diseases. Many compete successfully for fellowships in prestigious national programs such as the Fogarty International Clinical Research Scholars & Fellows Program, the Howard Hughes Medical Institute (HHMI) Research Training Fellowships for Medical Students Program, the HHMI-NIH Research Scholars Program and the Doris Duke Clinical Research Fellowship Program.
We see it as our responsibility not only to educate future physicians who will practice the most competent and compassionate medicine possible, but also to create future leaders, students who want to change medicine – not just within a discipline but the way healthcare is practiced. We educate our graduates to be catalysts for social change, dealing with issues such as health disparities; the public health impact of climate change; care for the frail elderly, physically disabled and chronically ill; and access to affordable healthcare for all, especially the poor, underserved and marginalized populations in local communities, in communities across the nation and in nations beyond our borders. To achieve this goal, we have developed programs that encourage students to look beyond their courses, classrooms and clerkship sites, and acquire experiences that enable them to expand their knowledge of medicine, with open minds and open hearts.

Years one and two are devoted primarily to interdisciplinary biomedical science courses in lecture halls, conference rooms and laboratories. There are also courses in which students interact with patients, learn the basics of patient-doctor communication, acquire physical examination and diagnostic skills, study medical ethics and learn how psycho-social and cultural factors affect patient behavior. Medical Spanish courses are offered in both the first and second years as electives.

During the last two years of the curriculum, students learn how to apply biomedical science knowledge and clinical skills to problems of human disease and illness in both inpatient and outpatient settings. The third year consists of clerkships in key practice areas; the fourth year provides a required subinternship in medicine or pediatrics, additional clerkships in neurology and ambulatory care, and seven months of electives. Small-group, case-based conferences dealing with issues of prevention, ethics and professionalism are scheduled throughout years three and four.

The grading system in years one and two is Pass/Fail in recognition of the uniquely demanding task of adjusting to medical education, and with the goal of encouraging cooperation and collaboration in the study and learning process. In years three and four, grading shifts to Honors/High Pass/Pass/Low Pass/Fail. Grades are accompanied by a written summary of performance to help students prepare for their transition to residency.

Einstein maintains one of the largest clinical training networks in the country, providing students with a diversified patient experience. Clinical training takes place in the Bronx, Brooklyn, Manhattan and Queens, as well as in Westchester County and Long Island. The seven major clinical centers used for clinical education provide healthcare to patients representing a wide spectrum of socioeconomic and ethnic diversity: the Montefiore Medical Center and the Jack D. Weiler Hospital of Albert Einstein College of Medicine, the Beth Israel Medical Center, the Bronx-Lebanon Hospital Center, the Jacobi Medical Center, St. Barnabas Hospital, Maimonides Medical Center, and the North Shore–Long Island Jewish Health System.

At Einstein, medicine is a rich and colorful mosaic created from many different activities and educational experiences – from the biological sciences to the humanities and social sciences; from the individual to the population; from conventional medicine to traditional practices; from the science of medicine to the art of medicine.
THE CURRICULUM: AT A GLANCE

**YEAR ONE**

<table>
<thead>
<tr>
<th>Histology &amp; Cell Structure</th>
<th>Clinical &amp; Developmental Anatomy</th>
<th>Cardiovascular Physiology</th>
<th>The Renal System</th>
</tr>
</thead>
<tbody>
<tr>
<td>Molecular &amp; Cellular Foundations of Medicine</td>
<td>Disease Mechanisms</td>
<td>Principles of Pharmacology</td>
<td>Introduction to Clinical Medicine: Introduction to the Patient/ The Clinical Experience</td>
</tr>
<tr>
<td>Introduction to Clinical Medicine: The Clinical Examination</td>
<td>Principles of Preventive Medicine &amp; Clinical Research</td>
<td></td>
<td>Bioethics</td>
</tr>
</tbody>
</table>

**YEAR TWO**

<table>
<thead>
<tr>
<th>Nervous System &amp; Human Behavior</th>
<th>Cardiovascular Medicine</th>
<th>Gastro-intestinal &amp; Liver Diseases</th>
<th>Parasitology &amp; Global Medicine</th>
<th>Hematology</th>
</tr>
</thead>
<tbody>
<tr>
<td>Endocrine System</td>
<td>Reproductive System &amp; Human Sexuality</td>
<td>Pulmonary Medicine</td>
<td>Microbiology &amp; Infectious Diseases</td>
<td>Musculo-Skeletal Disorders</td>
</tr>
<tr>
<td>Biomedical Ethics</td>
<td>Introduction to Clinical Medicine: The Clinical Examination</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**YEAR THREE**

<table>
<thead>
<tr>
<th>Internal Medicine</th>
<th>Pediatrics</th>
<th>Psychiatry</th>
<th>Obstetrics &amp; Gynecology</th>
<th>General Surgery</th>
<th>Family Medicine</th>
<th>Radiology</th>
<th>Geriatric Medicine</th>
</tr>
</thead>
<tbody>
<tr>
<td>11 weeks</td>
<td>7 weeks</td>
<td>6 weeks</td>
<td>6 weeks</td>
<td>8 weeks</td>
<td>4 weeks</td>
<td>2 weeks</td>
<td>2 weeks</td>
</tr>
</tbody>
</table>

Patients, Doctors and Communities

**YEAR FOUR**

<table>
<thead>
<tr>
<th>Subinternship in Medicine or Pediatrics</th>
<th>Ambulatory Care Program in Medicine, Pediatrics or Family Medicine</th>
<th>Neurology</th>
<th>Electives</th>
</tr>
</thead>
<tbody>
<tr>
<td>2 months</td>
<td>1 month</td>
<td>1 month</td>
<td>7 months of electives available in blocks of 1 or 2 months</td>
</tr>
</tbody>
</table>

The first two years at Einstein emphasize a variety of case-based conferences, supported by a limited number of lecture hours, laboratory sessions, clinical encounters and other interactive educational strategies. For most conferences, group size ranges from 10 to 25 students. Case conferences require students to work cooperatively toward the solution of clinical problems of varying complexity, with assistance from faculty facilitators when necessary, and in so doing acquire and hone skills needed for lifelong self-directed learning. We believe the mix of lecture- and student-centered strategies is balanced and provides each student the opportunity to express his or her own learning style and achieve course objectives through the use of different approaches.

The structure of the curriculum is based on interdisciplinary courses that reflect major unifying themes and concepts of modern biology, links between different biomedical science disciplines and applications of basic knowledge to diagnosis, prevention and treatment of human disease.

Although all biomedical science courses expose students to clinical issues and problems in varying degrees, it is in the Introduction to Clinical Medicine (ICM) program that students begin to acquire the knowledge and skills needed for effective interaction with the patients and the healthcare system. Hallmarks of the course during the first year are the clinical experiences and small-group discussions that enable students to develop history-taking and interviewing skills. In addition to teaching knowledge and skills, the ICM program aims to nurture attitudes needed for respectful and compassionate interaction with patients and their families, help students understand and appreciate the sociocultural context of illness and disease and teach students the principles and concepts needed to deal effectively with issues and dilemmas in medical ethics.
imaging data, understanding of disease mechanisms, formulation of rational therapeutic goals and careful evaluation of treatment effectiveness.

While attending to the patients’ medical problems, the student is expected to demonstrate compassion and be considerate of the needs of the patients and families; to appreciate the influence of sociocultural and economic factors; to acquire understanding of ethical issues in clinical decision making; and to practice high standards of professional behavior.

During clerkship rotations in the third year, students from different clerkships gather in small groups to participate in case-based discussions of topics and issues in prevention, professionalism and ethics in a course titled Patients, Doctors and Communities.

In the fourth year, during the Ambulatory Care Program, students participate in the evaluation and therapy of adult or pediatric outpatients. Students in this program are expected to develop a sense of responsibility for continuity of patient care and appreciation of the special problems that confront the physician of first contact.

Every student is required to do a two-month subinternship in medicine, pediatrics or family medicine. Functioning as an integral member of the patient-care team, the subintern assumes many of the responsibilities of a first-year resident under supervision of the resident and attending physician staff.

A one-month clerkship in neurology rounds out the four months of required senior-year courses.

A major part of the senior year is a seven-month elective period. Students choose from a wide selection of electives offered by virtually every department, including additional subinternship experience or further training in ambulatory medicine and primary care, or participation in a research project. Funding is available for students to travel abroad to participate in exchange programs with overseas medical schools or

Clinical skills training is conducted at the Clinical Skills Center, a new 22,700-square-foot center located on Einstein’s central campus. It houses classrooms, fully equipped exam rooms and state-of-the-art video cameras to help faculty observe student interactions with standardized patients (actors portraying patients) and provide ongoing evaluation and feedback. The Center teaches first- and second-year students the basic communication and clinical skills needed for their future encounters with patients.

Elective mini-courses are available in years one and two: Nutrition and Health: Patients and Populations; Health Disparities: Awareness to Action; and Medical Spanish at the beginner, intermediate and advanced levels.

The third year starts in June, when students begin a sequence of clerkships in internal medicine, general surgery, pediatrics, psychiatry, obstetrics and gynecology, family medicine, geriatrics and radiology. During this important phase of medical education, students become virtually full-time inhabitants of the hospital care affiliates of the college. Students learn to take responsibility for patient care under supervision and during interaction with attending physicians, residents, nurses, social workers and physician assistants.

Through direct encounters, students learn a systematic approach to patient care based upon accurate and comprehensive histories, thorough physical examinations, proper analysis and interpretation of laboratory and
Einstein offers a variety of special programs, for which partial or full funding may be available, that allows students to follow their passions and create a unique learning experience. From summer fellowships to mini-courses and yearlong exchange programs, Einstein offers opportunities that truly differentiate the Einstein experience.

**First- and second-year students**

- **Summer Fellowships** in research, community health and public health: four- to eight-week programs abroad; fellowship stipend varies.
- **Spanish language Training/Clinical Experience** (summer) — Four- to six-week programs in Mexico and Central and South America.
- **Summer Research Fellowships** — Eight-week research projects conducted under the supervision of faculty at Einstein and other institutions.
- **Academic Year community Service projects** — Planned and organized by students in AMSA, AMA–Medical Student Section, SNMA, APAMS, PSR and PHR, AMWA and MSFC.
- **Einstein Community Health Outreach (ECHO)** — Free clinic staffed by Einstein student volunteers under physician supervision.
- **Social Medicine Course** — Annual winter spring elective lecture series planned and organized by students with invited lecturers from Einstein and elsewhere.
- **The Healer’s Art** — Winter elective for first-year students that helps students nurture the humanitarian spirit behind their quest to become physicians.

**Third- and fourth-year students**

- **Exchange Programs**
  - **France:** Einstein-Paris Exchange
  - **Israel:** Einstein–Ben Gurion Exchange; Einstein-Hadassah Exchange
  - **Japan:** Einstein-Saitama Exchange
  - **Sweden:** Einstein–Karolinska Institute
- **Einstein Research Fellowships** — Year-long projects conducted under the supervision of faculty at Einstein and other institutions. Project may serve as the basis for the award of a special diploma signifying distinction in research.
- **Senior Research Fellowships** — Five- to seven-month projects conducted under the supervision of faculty at Einstein and other institutions. Project may serve as the basis for the award of a special diploma signifying distinction in research.
- **Public Health Fellowships** — Yearlong study toward an M.P.H. degree at any school of public health in the U.S. or abroad after completion of core clerkships.
- **Indian Health Service Fellowships** — One-month programs in ambulatory care in an Indian Health Service hospital. This program fulfills the ambulatory care requirement.

**Diversity Enhancement**

In an effort to increase the number of minority and diversity individuals who enter the field of medicine, the office sponsors programs and activities throughout the year for students who range from high school to college graduates. The office plays a major role in meeting the needs of minority and diversity students enrolled at Einstein, and provides a haven of support and advice for students as they adjust to the medical school environment and progress through the curriculum.

**Personal Wellness Program** — Includes instruction in methods that have long been used to improve health and reduce stress complementary to conventional medicine, such as meditation, yoga, reiki, tai chi and shiatsu, as well as information and advice on maintaining good health through good nutrition.

By the end of their fourth year, all students are required to complete a project involving in-depth study of an area of interest and to prepare a written, referenced report of scholarly substance. Whether the project is conducted in the laboratory, the clinic or the field, it should deal with a well-defined problem or be designed to test a particular hypothesis. The project should be conducted under the guidance of a faculty mentor, who will be selected by the student. Indeed, an important benefit of this graduation requirement is the enhanced opportunity it provides for students to interact with faculty members.

**Course and Clerkship Evaluations**

Students complete course and clerkship evaluations through a web-based feedback system. This process enables Einstein to provide a timely and comprehensive picture of student opinions about the curriculum. Einstein considers it part of each student’s professional responsibility to provide constructive feedback on the curriculum, which is shared routinely with course and clerkship leaders, education deans, heads of curriculum committees and individual faculty members as we strive for continued excellence in all our programs.
Einstein offers several programs that complement the M.D. with a second degree in a related field.

**M.D./Ph.D. Program**
The Medical Scientist Training Program (MSTP) at Albert Einstein College of Medicine was established in 1964, and is one of the nation’s oldest. From the start, its goal has been to train academic medicine’s future leaders. Continuously funded by the National Institutes of Health (NIH) since its inception, the Einstein MSTP has a long list of illustrious alumni with careers spanning the spectrum from basic science research to clinical medicine.

Today, the Einstein MSTP is still unique. Larger than most other MSTPs, it fosters a strong academic and social community within the college. While large enough to be an independent academic unit, the program is still small enough to provide students with the individual attention their unique careers require. The current program recognizes that successful physician-scientist training is not simply medical school plus graduate research. During the first two years of medical school, the program integrates MSTP-specific courses with medical and graduate courses. Integration continues during the Ph.D. thesis research years through weekly involvement in the MSTP Continuity Clinic and with monthly Clinical Pathological Conferences and MSTP Career Paths Seminars. This combination has resulted in outstanding publications, competitive residency placement and successful academic careers for its 356 graduates. All MSTP students receive an annual stipend (this year the stipend is $31,300), medical insurance, subsidized on-campus housing and tuition waiver for the duration of both the Ph.D. and the M.D. programs.

**MSTP Clinical Investigation Track**
MSTP students now can perform their Ph.D. thesis research in a clinical research setting affiliated with the newly established Ph.D. in Clinical Investigation (PCI). The PCI supervises Ph.D. training in the research programs affiliated with the Einstein-Montefiore Institute for Clinical & Translational Research that is funded by the NIH Clinical & Translational Science Award to Einstein. The goal of the PCI program is to provide rigorous advanced training for highly motivated medical or graduate students to become clinical/translational investigators. It is expected that, with receipt of the Ph.D., these scientists will be prepared for independent research careers and contribute meaningfully to improving the health and welfare of our society using clinical and translational research methodology.

**M.P.H. Program at the Center for Public Health Sciences**
Students can apply to complete their M.P.H. studies at Einstein. Successful applicants are granted a one-year leave of absence, and can maintain their housing. The program emphasizes community-based public health research in the Bronx, with a curriculum that focuses on the behavioral and social sciences.

**M.S. Program in Bioethics**
The Master of Science in Bioethics is a joint effort by Einstein and Yeshiva University’s Cardozo School of Law, reflecting bioethics’ intellectual home at the interface of law and medicine. The program focuses on bioethics issues that can directly improve the lives of patients and others, including clinical bioethics consultation, the protection of human research subjects and bioethics policy. For more information, see: http://www.einstein.yu.edu/masters-in-bioethics/home.aspx.

**M.S. Program in Clinical Research**
This is a yearlong program in which students learn clinical research methods and complete a research project under the guidance of a mentor. During the year after their clerkships and elective time, they acquire the foundation to design clinical studies, analyze data and write their own papers. They graduate with an M.D./M.S. after five years.
Global Health Center
In an increasingly interconnected world, the mission of the Albert Einstein College of Medicine Global Health Center is to promote the ideal of health for all. The Global Health Center is one of the largest in the country and serves as a central coordinating structure for all of Einstein’s global health activities, through which they can be integrated to bring out their synergies, with the ultimate goal of reducing disparities in health and alleviating human suffering.

Global Health Fellowships
Einstein students are encouraged to participate in clinical, public health or research experiences in poor and medically underserved areas of the world. Students gain a deeper understanding of how economic and sociocultural factors influence the health of individuals and populations; acquire knowledge about diseases that are unique or especially prevalent in these nations; and obtain insight into the organization and effectiveness of these nations’ healthcare delivery and public health systems. In the past, about 45 students completing their first year have received travel awards for summer projects and programs in such countries as Ethiopia, Ghana, India, Ecuador, Peru, Uganda, Bolivia and Guatemala. During the senior year, about 27 students annually receive travel awards to conduct projects of at least two months’ duration, with many students choosing to spend considerably more time abroad. Some of the countries in which our senior global health fellows have done projects are Uganda, Rwanda, Sierra Leone, Nepal, Nigeria, India and Thailand.
In addition to providing a variety of educational options to students, Einstein helps ensure that every student gets the most out of the experience through a full complement of support services.

**Career and Academic Advisement**

From the first day of enrollment, the office of student affairs (OSA), aided by a large group of specialty advisors and department chairs, assists students in beginning to mold careers as physicians. Whether the goal is to be a generalist or specialist, hospital- or community-based, research- or practice-oriented physician, the OSA provides support and guidance. Some students will have planned a career path before applying to medical school; most will have no idea what they want to do with their medical education; many may change direction based on their medical school experiences and the physicians they meet who become their role models. There are multiple people involved in the guidance of students as they choose from almost limitless electives available in the fourth year, both nationally and abroad. Our Career Advising Program helps all students create a rich and varied experience with many guideposts along the way.

**Academic Support and Counseling**

Medical school is a challenging experience. More is expected than in college years, and the curriculum requires a greater percentage of personal time. Recent college graduates may find that previous approaches to studying are less effective. For students who completed college a number of years ago and are pursuing medicine as a second career, the transition from “colleague” to “student” can be difficult. For students with families, the transition may also affect loved ones. The Office of Academic Support and Counseling (OASC) strives to provide students with a variety of support services to help ease the transition to medical school and enable students to reach their potential. Recognizing the important role of student-to-student support services, the OASC team incorporates a peer advisory system as well as a professional component, empowering all medical students to acquire the guidance and help they need throughout their journey.

**Residency Matching**

The Office of Student Affairs guides third- and fourth-year students in identifying residency programs that are appropriate for their goals. Einstein graduates are well placed at some of the nation’s most prestigious hospitals. Many graduates have chosen to stay within the Einstein affiliate hospital system; many match to other residency programs in New York. More distant destinations include competitive residencies in Massachusetts, Michigan, California, Washington and Oregon. The choice of residency specialties is extensive as illustrated in the pie chart to the right.

**Examination Preparation**

There is a study day scheduled prior to each exam in the first and second years, and many faculty members invite students to communicate with them, via e-mail, the night before examinations if they have any questions. In addition, Einstein students have consistently passed the USMLE at a rate higher than the national average. Graduation requirements include the successful completion of the USMLE I & II and the Clinical Knowledge and Clinical Skills examinations. (Three attempts are permitted for each of these exams.)

**Student Activities**

The Office of Student Activities is responsible for most of the nonacademic, quality of life issues on the Einstein campus, from orientation through graduation and more. The office works with the entire Einstein community. It oversees the annual yearbook, meets regularly with the Student Council, arranges all student clubs and supplements student activities with a variety of entertainment opportunities around New York, including tickets to sporting and cultural events.
The Einstein bookstore, managed by Barnes and Noble, is located on campus and is open from 9 to 5 Monday through Thursday and 9 to 4 Friday.

Zipcars
The Einstein campus is a parking site for Zipcars. Zipcar is a service that rents cars to members at low hourly and daily rates. Because Einstein is a Zipcar site, members of the Einstein community can enroll for an annual membership at a discounted rate of just $25. The hourly rate includes gas, insurance and 180 miles per day. Zipcar is one way that Einstein offers members of its community an alternative to having a car on campus.

Shuttle Bus
There is a free campus shuttle bus service that takes students to and from the educational center (across the street from the Eastchester housing complex) and to and from the Rhinelander housing complex to all clinical sites in the Bronx.

Falk Recreation Center
With its 75-foot, temperature-controlled swimming pool, gymnasium with full-size basketball court, indoor running track, racquetball and squash courts and free weights, the center offers a multitude of recreation and fitness options for members to enjoy. Add to that the broad selection of weight-training stations and fitness machines, and there’s a full arsenal of exercise equipment for developing an individualized fitness routine that meets specific needs.

24/7 Study Areas
Located in the Belfer Educational Center for Health Sciences, across the street from the residence complex, are instructional laboratories and conference rooms, all fully equipped with multimedia digital data projectors and computers connected to the Albert Einstein Network. Except when in use for classes, these rooms are available to students for use as study areas.

The D. Samuel Gottesman Library’s recent renovation includes a 24/7 study room, group study rooms and a quiet room. In addition, a 24/7 study room has been created on the main floor of the Forchheimer building and more are in progress for the coming year.
Library
The D. Samuel Gottesman Library is a comprehensive resource for research, patient care and educational information in print and electronic formats. The library is the gateway to a wide array of books and journals, databases, clinical reference tools and evidence-based practice resources. Databases available range from PubMed, MEDLINE, Web of Science, Cochrane Library and Global Health to PsycINFO, Current Contents, Faculty of 1000, Natural and SciFinder. The library offers specialized services to support students and faculty, including classes, tutorials, laptops for borrowing, extended hours prior to exams, the Beren Study Center (open 24/7), remote access to electronic resources from off-campus locations, bibliographic citation management software and mobile resources. Group study rooms, desktop computers and online printing are available. The newly renovated library provides a welcoming and comfortable environment with areas for focused study, collaboration or quiet socializing.

Dining
The college offers a dining hall on campus that is open Monday through Friday for lunch from 11:30 a.m. to 1:30 p.m. Students also can purchase food – primarily take-out breakfast, lunch and afternoon snack fare – at the on-campus coffee shop, and at coffee shops at the College of Medicine’s affiliated hospitals. There are ample Vending machines with snacks and beverages that can be found everywhere.

Student Clubs
Student clubs include the American Medical Association (AMA); the American Medical Student Association (AMSA); the American Medical Women’s Association (AMWA); the American Geriatrics Society (AGS); the Asian Pacific American Medical Student Association (APAMSA); the Latino Student Medical Association (LSMA); the Student National Medical Association (SNMA); Gay at Einstein (GAE); Physicians for Human Rights (PHR); and Physicians for Social Responsibility (PSR).

Einstein supports some 30 other clubs and activities, including two unique to Einstein, the Ad Libitum Club and the Einstein Community Health Outreach Clinic (ECO). The mission of the Ad Libitum Club is to raise awareness of the dynamic interfaces among art, medicine and science and to provide platforms for the support and sharing of artistic endeavors by all members of the Einstein community. The mission of ECO is to provide free, high-quality, comprehensive health care to the uninsured population in the Bronx and surrounding communities. The clinic is open on Saturdays throughout the year, and students at all levels of medical education may volunteer to assist in patient care.
CAMPUS LIFE

Einstein is located in a quiet residential area of the northeast Bronx, 25 minutes from Manhattan, surrounded by single-family homes and apartment buildings that make up the neighborhoods known as Morris Park, Eastchester, and Pelham Parkway. It is a tight-knit, culturally diverse community, close in proximity to many popular Bronx attractions, as well as to Westchester County. The Bronx Zoo, the New York Botanical Garden, Yankee Stadium, Orchard Beach, and City Island are all within a 15-minute drive of the college, as is a broad selection of restaurants catering to all tastes and appetites.

Easy access to and from Manhattan is available via the Metropolitan Transit Authority express bus service BxM10–Morris Park Avenue, which stops directly in front of the college at Morris Park Avenue and Eastchester Road. Northbound stops in Manhattan are at Madison Avenue and 24th St., 36th St., 44th St., 52nd St., and 59th St., and on Third Avenue between 86th and 87th Sts. There is also frequent subway service to and from Manhattan.
Living Quarters

Housing at Einstein is among the best in the country. Every M.D. and Ph.D. student is guaranteed placement in an apartment, typically shared with one or two other students. Apartments are spacious, rents are low and security is excellent. The Eastchester Road Residence where M.D. and Ph.D. students make their homes is located on the Einstein campus. The residence consists of three 27-story towers, offering 634 studio, one-bedroom and two-bedroom apartments. Apartments include amenities such as air conditioning, fully equipped eat-in kitchens and ample closet space. In addition, each complex has laundry facilities on the premises. Monthly rent includes all utilities. Outdoor amenities include a courtyard with a lawn, an outdoor tables and Adirondack chairs, a playground for children, a community garden, barbecue grills, outdoor running track, four basketball hoops and a small soccer field.

Admissions & Financial Aid

Admissions
To be eligible for consideration by Einstein, applicants must complete and transmit the AMCAS application to AMCAS by November 1 of the year of application. All supporting documentation must be submitted no later than February 15. (Applicants who have completed two prior applications to Einstein are ineligible for consideration.) With the exception of a formal letter of acceptance, Einstein communicates with applicants via e-mail. It is important, therefore, that applicants be aware that if their e-mail providers are filtering multiple (bulk) mailings, settings need to be revised to receive all e-mails coming from an address with @einstein.yu.edu.

For further information and guidance, applicants should peruse the Association of American Medical Colleges website at http://www.aamc.org/students/applying/start.htm.

Financial Aid and Tuition
The student finance office at Einstein is available to assist in meeting the task of financing a medical education. The office is committed to clarifying the process of applying for financial aid, and awards grant assistance on the basis of demonstrated financial need. In addition, there are some scholarships, not based on financial need, that are awarded by the office of admissions.

Tuition and fees for the 2011–2012 year are $48,000. Tuition includes individual health coverage and membership in the Falk Recreation Center; family coverage and family memberships are additional.
student perspectives

new york city

Broadway, Carnegie Hall, the Metropolitan Museum of Art, the Hayden Planetarium, Greenwich Village, Chinatown, Little Italy and the Empire State Building—the very names evoke excitement and more varieties of experience than can be found anywhere else in the world!

jonathan rasouli – MS IV

At Einstein, the faculty and administration make every effort to ensure that our experiences as students are both professionally enriching and tailored to our individual interests. My most memorable moment as a student was at the conclusion of my third year when I decided to engage in a yearlong research project with the Department of Neurosurgery at Montefiore Hospital. My project involved studying new therapies for traumatic brain injury, a leading cause of morbidity and mortality in developing nations. I presented my findings at numerous conferences throughout the United States and was graciously awarded several societal honors. My experiences inspired me to pursue a career in neurosurgery, where I can engage in research and save people’s lives at the same time. They highlight Einstein’s resolute support of its students and the unique ideals that elevate our college to a world-class educational institution. By providing its students a collaborative learning environment and an outstanding basic science and clinical curriculum, and supporting us in our research endeavors, Einstein made my dreams come true.

Laura greisman – MS III

My favorite Einstein experience was seeing patients at Jacobi Medical Center’s Tropical Medicine Clinic during our second-year parasitology course.

Ross kristal – MS II

Working with Einstein’s dedicated faculty and my fellow students, I was able to spearhead a student organization called “Bronx, Obesity, Diabetes and You (BODY),” to combat the diabetes epidemic. Teaching nutrition to fourth graders, exercising with elementary students after school and creating a garden for the Morris Park community not only provided me with the gratifying feeling of helping those in need, but constantly reminded me why I spent hours studying in the library.
MATTHEW LEE – MS II
The most compelling experience I’ve had at Einstein has been shadowing in the ER. From shadowing, I really got the sense that the faculty here at Einstein places a great deal of emphasis on the students and their education and growth as future physicians.

MOHSIN CHOWDHURY – MS II
Einstein offers an array of opportunities to make a difference in the local as well as the global community. As a first-year medical student, I was involved in organizations such as HIV Education and Rapid Testing (HEART), Recovered Medical Equipment for the Developing World (REMEDY) and the ECHO Free Clinic. I had the opportunity to advocate on issues that are most important to medical students through my participation in the Einstein medical student section of the American Medical Association.

BRET NEGRO – IV
Having the opportunity to work with patients struggling with and recovering from substance abuse was an incredibly powerful and moving experience at the intersection of science and compassion.

CAROLYN SY – MS IV
I had an idea and found the institutional support to make it happen. Einstein HEART (HIV Education and Rapid Testing) now provides impactful clinical experiences for interested students. Einstein HEART was born out of an idea at a casual student-faculty mixer and now continues to thrive, boasting over 50 active members and performing about 20 onsite counseling/testing sessions each week at Bronx Community College.
Albert Einstein College of Medicine is one of the nation’s premier institutions for medical education, basic research and clinical investigation.

EINSTEIN FIRSTS

As a medical school that was founded only 55 years ago, the college has established itself as a leader in medical research and is proud to include the following among its many accomplishments:

• demonstrated the association between reduced levels of high-density lipoproteins (HDL), or “good” cholesterol, and heart disease
• developed pioneering techniques for the diagnosis and treatment of cancer based on the genetics of both the tumor and the patient
• was chosen as the only medical institution in the Northeast to serve as a research site for the Hispanic Community Health Study, the largest research study of Hispanic health
• developed groundbreaking new protocols for the treatment of diabetes based on more-sophisticated methods of monitoring glucose levels
• was chosen as the only NYC medical school selected by the NIH to participate in the Women’s Health Initiative, the largest research study of women’s health
• identified a key missing neurotransmitter in the brains of Alzheimer’s patients, a finding that influenced all subsequent Alzheimer’s disease research
• used gene therapy techniques in the laboratory to successfully treat abnormally high cholesterol
• identified pediatric AIDS as a distinct disease and established the first daycare center in the world for children with AIDS
• founded the science of neuroendocrinology, which gave rise to a new understanding of how the body’s cells communicate with one another
• identified the mechanism of action of Taxol, one of the most significant cancer treatment drugs ever developed
• founded the first institute in the nation devoted to the study of liver disease and injury
• discovered structural abnormalities of brain cells that explain deficiencies in cognitive development, greatly contributing to our understanding of mental retardation
• pioneered research leading to improved methods of avoiding organ transplant rejection
• developed landmark techniques to grow human tissue cells under laboratory conditions, an advance that helped make possible all subsequent cellular biology research
• developed new methods for detecting which cancer cells in tumors will metastasize
• developed genetic tests for detecting autism
• developed a novel radioimmunotherapy technique for treating metastatic melanoma

ABOUT EINSTEIN

Einstein receives more than $200 million annually in support from the NIH. This includes the funding of major research centers at Einstein in diabetes, cancer, liver disease, AIDS and the brain and neuroscience. These centers reflect the innovative, multidisciplinary research that has always been a hallmark of the College of Medicine’s collaborative approach to biomedical science.

Einstein is home to more than 2,000 faculty, 756 M.D. students, 248 Ph.D. students, 122 students in the combined M.D./Ph.D. program and approximately 375 postdoctoral research fellows at our Belfer Institute for Advanced Biomedical Studies. More than 8,000 Einstein alumni are among the nation’s foremost clinicians, biomedical scientists and medical educators. All college decisions with regard to faculty, staff and students are based on equitable and equally applied standards of excellence. Diversity enhancement efforts have been established as a visible and formal expression of institutional policy. This policy is designed to insure that recruitment, hiring, training, promotion, and all other personnel actions take place and all programs involving students, both academic and nonacademic, are administered without regard to race, religion, creed, color, national origin, sex, age, disability, veteran or disabled veteran status, marital status, sexual orientation or citizenship status as those terms are used in the law. Information published in this brochure applies only to the 2011-2012 year, and may change at any time.